

2024/25 Neighbourhoods Fund Ward Application Summary Tables

Ward: North Bermondsey

Ref:	Organisation	Project Title	Project Description	Amount Requested
3056	My First 1000 Days	Yoga workshops for vulnerable young women at risk of offending	<p>Due to a huge increase in the demand for our activities, we are applying for a small grant to run our project with yoga, self-defence, meditation and mindfulness for young girls, that come from vulnerable backgrounds, minority groups and that have been subjected or are at risk of domestic violence, abuse or social exclusion.</p> <p>Our classes are aimed for girls that come from extremely poor backgrounds and are not able to afford any paying activity. Girls and young women who experience abuse can suffer from symptoms such as dissociation, physiological regulation difficulties, and mood disturbances that might not respond to traditional interventions. Given the benefits of exercise and sport, we hypothesized that activities such as yoga and martial arts with a focus on self-defence would ameliorate the negative impact of abuse on psychological functioning. After working with teams of professionals, psychologist and local organisations that also offer support to vulnerable women, our findings suggest that frequent exercise practice might ameliorate the negative impact of abuse history on self-concept and coping skills. In addition, our findings suggest that women who incorporate yoga and into other areas of life could get the greatest psychological benefits. Our project aims to encourage local girls and young women to realise their own potential, especially individuals experiencing isolation and social exclusion or minority ethnic women facing language barriers. Those taking part gain new skills and become more confident in their everyday lives, while becoming involved in the wider community. The project targets girls and young women who are socially isolated and may be experiencing mental health issues. It aims to empower individuals and encourage integration back into the community by building self-confidence through group activities as well as one-to-one support.</p>	£4,000.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3107	The Proper Blokes Club	Walk and talks	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into seven other London boroughs Sutton, Greenwich, Barnet, Havering, Hillingdon, Lambeth and Merton we have also started our first walk in Hertfordshire We have over 300 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject. This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 2 and 4 miles. We have also started a new drop in centre this is another way we are trying to reach more men in need.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups. This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique.</p>	£6,500.00
------	------------------------	----------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3217	The Bermondsey Artists' Group managing Southwark Park Galleries	Pre-school Allotment Club for Low-Income Families	<p>A programme of free weekly drop-in gardening sessions for pre-school children from low-income families from the local estates surrounding Southwark Park in our Community Allotment at Lake Gallery, Southwark Park. Over the past 12 years we have engaged over 4,531 residents. We request joint funding from the wards that we directly serve: North Bermondsey, Rotherhithe and Surrey Docks.</p> <p>Parents, grandparents and carers come with their pre-school children to acquire new gardening and craft skills. Working and learning together helps build the cohesiveness of their local community. They grow, harvest and eat fresh food learning hands-on about healthy eating and the environment. They gain the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Our Allotment Club also provides a valuable social space for many parents and carers who experience substantial isolation. These sessions directly tackle obesity where 30% of local 10-11 year-olds are diagnosed as obese. Food education in Early Years is proven to shift attitudes towards eating healthily and instil good food habits in children.</p> <p>The Allotment Club will deliver 20 free sessions for local families on Fridays between 10-12am from May-October 2023. The families will work with a community gardener and Workshop Leader who have considerable experience in facilitating fun hands-on gardening.</p> <p>To provide an even more welcoming environment, where parents can experience and learn the healthy benefits of plants, in 2023 we provided drinks using the herbs available in our allotment. This significantly raised awareness around natural remedies and herbs' health benefits.</p>	£6,150.00
------	---	---	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3236	The Salmon Youth Centre	The Salmon Youth Centre	<p>They 'Adventuring Together Project' will engage 400 young people from the local community. These young people age from 6 to 19 years old 19 to 25 years, specifically disabled young people in accessible non-traditional adventure based activities. By taking part in the project, the young people will 1. improve their levels of confidence, motivation engagement in other activities. 2. Achieve physical challenges and a quick youth work outcomes without much prior skill or ability, 3. Develop skills around communication, teamwork, safe risk-taking. 4. Share, unique experiences that strength relationships and improve self-esteem. The centre has developed an indoor ropes course that enables young people to climb up the 12 meter climbing wall, leap off balconies and swing across the sports hall as if flying in a challenging yet safe environment. We will partner with Climbing tuition to deliver 84 — 2 hour sessions throughout the year. Each age group and disabled group will be able to access six weeks of climbing and adventure activities on a rotation throughout the year. The project will start from April 2024. An experienced adventure worker will run the sessions and provide additional training to staff, volunteers and leaders to maintain our 100% safety record. Young people can gain a accreditation/certification in each of the adventure activities, and eventually worked towards an AQA in Climbing, if interested</p>	£7,500.00
3248	Bermondsey pantry /Betty's Baby Bank	Love north Southwark cic	<p>We support our community with the food pantry and baby bank</p> <p>The food pantry helps reduce food bills and food waste people come to the food pantry and can have 12 items of groceries for £5 this includes fresh meat vegetables fruit cupboard items and dairy products in Reality the shopping they have is £20-25 in the Supermarkets</p> <p>The baby bank is to help families with free baby items clothing nappies baby food prams high chair everything a baby and tot need in the first few years of they life will support 0-5 years old most of our items are donated by the community but nappies and baby food is a must which we need to buy it has been a need in our community what with the cost of living we know we are helping people with these services</p> <p>We have had good feedback from the local community that now relieves on us to help them</p>	£8,000.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3250	Art in the Park	Nature Garden Art for All	<p>Following on from a successful project with Bede last year in the Nature Garden, we want to do a creative project in the Nature Garden and increase its use by local schools and residents. There is demand from Bede House to build on the work this year and to share their lovely space with the local community.</p> <p>The previous project was really popular. The group doubled in size throughout the project and staff noted that confidence had increased and participants enjoyed working on a larger scale than usual.</p> <p>Abbeyfield Estate, where Bede Nature Garden is situated, has had major works planned for some years. Unfortunately, these need to be drastically revised and the Maydew building is due to be demolished next year. Parts of the estate has looked like a building site for many years.</p> <p>We would like to have some flat packed benches of various sizes that Bede art groups could design and decorate in their own unique way. These would be placed under the canopy area giving extra seating to sit/ relax/ work together.</p> <p>The Nature garden has a pond, bat/ bird boxes, insect gardens as well as numerous plants and composting areas. We would create additional signposting to these parts. These would inform why each area is important and how they support wildlife.</p> <p>We would like to celebrate the end of the project by inviting our local community to the garden for a community day.</p> <p>Invitees would include local mainstream schools; Rotherhithe, Southwark Park, Galleywall as well as those with SEND students; Spa, Cherry Garden, Highshore. Bede has good contacts with Orchard Hill College, Lewisham College.</p> <p>We would like our volunteers with LD to take an active part in this community day; supporting local children and younger people to learn about why this area is so important.</p>	£4,996.00
------	-----------------	---------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3251	Men and Boys Community Intervention	Empowering Fathers: Caring Dads Program	<p>Project Description: Our project, "Empowering Fathers: Caring Dads Program," aims to address a critical need in our local community by providing a 17-week Caring Dads group for fathers residing in North Bermondsey. This initiative is essential because it directly addresses the well-being of children and families in our community. In North Bermondsey, like many other areas, there is a significant need for programs that support responsible fatherhood and improve family relationships. Fathers play a pivotal role in their children's lives, and their ability to nurture safe, positive environments greatly impacts family dynamics and child development. However, many fathers face challenges in effectively managing stress, communicating with their children, and understanding the consequences of their actions, leading to potential risks of child maltreatment.</p> <p>Benefits to Residents of North Bermondsey: Improved Family Relationships: By offering the Caring Dads program, we will help fathers in North Bermondsey build healthier relationships with their children. This will lead to improved communication, reduced conflicts, and stronger bonds within families.</p> <p>Child Safety: The program's evidence-based approach will empower fathers to recognise and address any negative behaviours or attitudes that may endanger their children. This will ultimately contribute to child safety and protection within our community.</p> <p>Community Cohesion: As fathers in North Bermondsey come together in a supportive environment, they will form a network of peers who understand and share their challenges. This sense of community will foster mutual support and resilience among fathers, enhancing the overall well-being of families.</p> <p>Reduced Strain on Social Services: By equipping fathers with effective parenting skills, our project can help prevent the escalation of family conflicts and reduce the strain on local social services. This will contribute to more efficient resource allocation and better outcomes for families in need.</p>	£5,000.00
------	-------------------------------------	---	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3329	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat there homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	£4,500.00
------	---	------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3344	Cherry Garden TRA	Re-Animating The Bermondsey Settlement	<p>Reanimating the history of the Bermondsey Settlement through dance, song, music and performance. The Bermondsey Settlement (1892) was founded in Bermondsey by the Revd John Scott Lidgett. It offered social, health and educational services to the poor of its neighbourhood and was instrumental in the story of the Salters (Alfred and Ada) and Grace Kimmings with the work they did for the underprivileged in Bermondsey and at the Bermondsey Settlement. We will bring to life this story and history through a promenade performance over two community sites: Riverside School and St James Church.</p> <p>Why it is needed:</p> <p>(1) Builds on the success of the Salters Centenary project in 2023.</p> <p>(2) Helps the community, local schools and groups connect to the history of the settlement.</p> <p>How it will benefit residents:</p> <p>(1) Involves local people and historians in the research for the project.</p> <p>(2) Creates a promenade performance in St James church, and the Riverside school which will be free and will take the audience on a journey through the work of local songs such as:</p> <ul style="list-style-type: none"> * Grace Kimmings and her song and dance which she developed at the Bermondsey Settlement. * Songs from local music hall tradition. * Historical songs from the local factories such as the jam factory, which highlight local history. * Songs from St James Churches history. * Songs from Spa Terminus. <p>(3) Involves local groups such as People's Company, a Southwark based free theatre company, and the Bermondsey and Rotherhithe Choral Society. The project will also work closely with the new Reverend at St James and the leadership team at the Riverside primary school.</p> <p>(4) Develops local partnerships and networks.</p> <p>(5) Encourages local people regardless of culture, age, sexuality or religion to work/come together to celebrate the history of Bermondsey</p>	£5,000.00
------	-------------------	--	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3370	Parent Skills2go CIC	Soft outreach and well being project	<p>To provide families from the local community with soft outreach activities which include:</p> <ol style="list-style-type: none"> 1. After school social and physical activities for parents and children 2. 2x10 week sewing workshops for parents and carers in the local community that will able them develop skills that can lead on to further training and employment The aim is to encourage positive change and enable parents to realise their potential and fulfil their goals. One part of the programme will focus on freehand cutting patterns as opposed to the conventional dressmaking pattern and the other aspect is to support basic sewing skills that can help reduce cost of buying new stuff and maintain not so new items. 3. To provide a space for parents and carers of children with special needs where they can meet and discuss and share issues , get support and respite during the time of dropping and picking up their children from school 4. 10 sessions of well and fitness sessions for mums <p>The aim of these 4 projects is to support learning and development that can enhance abilities and promote mental and emotional well being, reduce isolation and increase confidence and self esteem. It is also about improving confidence in accessing services, promoting family learning and reducing food poverty. Through previous sessions and activities we have found out that the impact of the cost of living crisis is still being felt by families in terms of their mental and emotional well being; families with SEN children who have been attending our after school activities believe that a space to ;breathe will be helpful and parents have also said that they have a desire to learn sewing but find it difficult to read and understand conventional dressmaking patterns especially if they do not have literacy and numeracy skills</p>	£7,700.00
------	-------------------------	--------------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3379	Big Local Works	Healthy cooking, Healthy life skills workshops	<p>With the cost of living still sky high, the cost of a weekly food shop has soared and those already struggling, are being pushed further into financial hardship, and poverty. Additionally, a recent study by UCL also shows young adults aged 18 to 24 are at the highest risk of becoming overweight or developing obesity in the next decade due to poor diet and lack of exercise. We know our community is facing challenging financial and emotional times. Having the life skills to maintain a healthy lifestyle and make positive choices is essential to thrive on the road ahead!</p> <p>This project is a 12-week program, teaching participants essential life skills such as healthy cooking, menu planning, budgeting, self-confidence and resilience. Our aim is to promote healthy life choices, instil a positive mind-set and equip individuals with the skills for personal and professional development. We aim to teach the advantages of healthy eating for your body and mind - but also your weekly budget. Having a balanced diet, full of sustainable and healthy ingredients, is possible on a low budget if you know how to cook and where to shop! Led by Jahson Peat, the owner of Zionly Manna Restaurant in Bermondsey we will mentor participants interested in:</p> <ul style="list-style-type: none"> -Gaining experience in healthy cooking and nutrition - Making healthy choices - Menu planning -Cooking on a budget - Using the least possible energy to save money -Vegan cooking for babies - Confidence and resilience -Key Employability and Enterprise skills <p>Building on our existing economic support in the community this project provides a more holistic, person-centred approach to our training and will enable participants to approach life choices in the most positive and sustainable way.</p>	£5,000.00
------	-----------------	--	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3392	Surrey Docks Farm	Youth Programme Resources	<p>We're applying for funding to enable us to offer a free weekly Youth Programme where 75 local young people (aged 8-18) take part in: food growing, animal care, healthy cooking, rural crafts, environmental and social action projects.</p> <p>We want to ensure all young people have the opportunity to become active members of society, live healthy lives, prepare for their futures and fulfil their potential.</p> <p>We're the only city farm in the borough and are only too aware of the lack of youth provision in our area, particularly on weekends. We're concerned by the high local rate of childhood obesity concentrated in the north and central wards of the borough, with 42% of Year 6 children in Southwark being either overweight or obese. We feel we're well placed to actively address this issue, as our Youth Programme enables all young people to grow their own food, then cook and eat their produce. By engaging young people in food growing and cooking we will enable young people to get active outdoors and make cooking healthy foods a fun and social skill to learn with their peers.</p> <p>Young people regularly give feedback to ensure we're meeting their needs. Our annual Youth Consultation demonstrated that the young people benefit from improved social skills, physical and mental wellbeing, plus increased confidence.</p> <p>Our young people are supported to engage with their community and care for spaces beyond the Farm. They're all really keen to do this and pass success includes growing plants to donate to community spaces, regularly litter picking the foreshore and delivering several social action projects to welcome more people to the Farm, further details here:</p> <p>www.surreydocksfarm.org.uk/youth-led-social-action/ We're requesting funding to give these young people the freedom to choose their own project to work on together to benefit their community.</p>	£4,900.00
------	-------------------	---------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3417	City Hope Youth, Bermondsey	City Hope Church Bermondsey	<p>This project would achieve bringing members of the community together, creating a welcoming environment which celebrates diversity and inclusivity.</p> <p>After covid members of the community became isolated, so through this project we are able to bring the community together and restore community relationships between families and individuals.</p> <p>The project would include activities such as; Sports activities, Family team games, Aerobics, Talks/Workshop Sessions, Storytelling sessions as well. as other. activities.</p>	£5,300.00
3434	Shad Thames Residents' Association	Shad Thames and Surrounding Streets	<p>This project aims to continue to provide funding for additional cleaning (via the Council's cleaning contract) in the Shad Thames area, ensuring a cleaner environment for residents, businesses and visitors alike. Extra cleaning will be provided to address the problem of discarded cigarette ends and other waste bin rubbish at weekends and bank holidays, and in addition to the standard Council cleaning service. The impact is a cleaner environment for residents, visitors and businesses in the area, and a strong statement that the people who live in the area care about keeping the environment up to a standard to be expected of an historic Conservation Area.</p>	£5,000.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3435	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Hub	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	£5,200.00
------	--	---------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3444	Time and Talents Association	Let's Band Together	<p>Rotherhithe faces many barriers to intergenerational harmony. Time & Talents breaks down pre-conceived prejudices, building stronger communities through intergenerational activities. Children benefit from the wisdom and experiences of the older generation, while older people are invigorated with youthful energy and feelings of connection. Feedback from previous activities demonstrates that all ages across Rotherhithe share common goals for a friendlier and cleaner community.</p> <p>T&T will continue our intergenerational work in 2024, forging new connections between our summer Holiday Hunger Club (ages 6-11), Ruby Tuesdays Dementia Group and VIP (Visually Impaired Persons) group. Alongside intergenerational experts, we have used exercise, visual arts and cycling through Southwark Park to build community across ages. We will now connect participants through music, in 4 group sessions across a two-week period.</p> <p>While other music programmes in the area are age-group-specific, this new and lively project will benefit multiple generations. Led by a community music specialist, we will engage local children and older people in musical creativity, culminating with a recorded audio keepsake to share with families. Children will create their own musical instruments with recycled materials, which they will then use in a music-making and recording session with the older people.</p> <p>Music has a transformative effect on T&T's older adults, especially those with low mood or a dementia diagnosis. Reminiscence through music gives participants an accessible way to bond and have fun together. Music also provides children with adverse childhood experiences (ACEs) with a positive and accessible way to express themselves; many of the children in our Holiday Hunger Club experience ACEs.</p> <p>Many older people at T&T have family living out of the area, with grandchildren they may not see often. This intergenerational programme will build older people's confidence and connect them with younger generations outside of their usual day-to-day experiences.</p>	£2,437.00
------	------------------------------	---------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3445	Tideway Sailability	Tideway Sailability Volunteer Expenses	<p>Currently, Tideway does not cover volunteer expenses. New funding for some volunteer expenses would motivate/encourage volunteers to attend activity sessions earlier.</p> <p>Project Officers noted a problem whereby some volunteers are arriving later than the scheduled time for setting up and preparing our activities because volunteers say they cannot afford to pay the peak fare times on London Transport. Volunteers say they pay more if traveling before 9.00 on tubes/rail and buses if using Freedom/Oyster 60+ passes. This is not an ideal way of working because it is challenging for the few volunteers who arrive via own transport to set up the sessions before participants arrive. Such issues have created a barrier to volunteering at Tideway Sailability.</p> <p>Tideway is the only project in the London Borough of Southwark offering local, accessible sailing activities: Volunteers gain experience in sailing, training, RYA (Royal Yachting Association) qualifications and experience in boat maintenance.</p> <ul style="list-style-type: none"> - Activities rely on the commitment of volunteers who are interested in sailing, to take part in the programme of sailing activities alongside the participating sailors who are members of the public. - Inclusivity: the fact Tideway is run entirely by volunteers; and the outdoor physical activity of sailing, is unique within this ward. - Milestones: By the end of the sailing, training and sessions from May to October, Wednesday, 26 weeks, Sundays 52 weeks there is increased commitment of volunteers to stay with the project in the longer term. - Targets: Increase and sustain the number of volunteers from 10 to 15 arriving by 9.30 on a Wednesday, thus helping to: <ul style="list-style-type: none"> - Maintain links with local learning disability groups, individuals and families from the borough and beyond, attending from 10.00am. - Increase volunteering participation as soon as funding is in place from April 2024. 	£1,001.00
------	---------------------	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3511	Southwark Park Association 1869	Community Activities Programme 2024	<p>A programme of 9 free events for the community to run from May-September 2023: May - Guided Tree Walk for adults June - Bandstand concert July - Come and Try Bowls for adults August - Storytelling for children x 4 sessions September - Guided Bat Walk for adults December - Carol Singing at the Lake Gallery</p> <p>Many residents within the wards are economically disadvantaged, often living in flats and reliant upon the park as a place for their healthy recreation. The provision of this free programme of events will help families during the cost of living crisis in the peak summer period when events are at a premium.</p>	£1,850.00
------	---------------------------------	-------------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3524	Musical Mayhem London	Musical Mayhem Bursary Fund	<p>We are making Musical Mayhem (MM) classes affordable for everyone in Southwark, by offering up to 75% discount allowing families to participate in performing arts at a time when it may not otherwise represent a financial priority.</p> <p>MM have been running for 10 years in Southwark, with 20+ weekly classes, teaching singing, dance and drama, with regular performances, community events and free school enrichment classes. Teaching over 200 students attending on a regular basis, our classes are a huge success. Our miniature classes for under 5's, nurture development in children whilst supporting parents during their journey into parenthood. Our Ofsted registered Theatre academy classes, teach musical theatre to school aged children. In our inclusive weekly fitness classes, adults learn dances from musicals, keep fit and have fun. The focus of MM is using performing arts as a vehicle to build confidence in people and harness their potential for creativity in a safe, inclusive and supportive environment. Attending MM improves confidence and self-esteem, mental and physical well-being, reducing social isolation and creating a sense of community.</p> <p>Students are carefully nurtured to overcome their fears, whether it be separation anxiety in little ones, performance anxiety for our theatre academy students, or feeling embarrassed to dance in front of others, attending MM has proven to reduce these. We have had students who are too scared to put their hands up in class to answer questions in school, and parents have expressed how this has drastically improved as a result of attending our classes. As part of the term, the theatre academy students will be given the opportunity to perform at Bermondsey Street festival, Canada Water tube station, and Greenwich Theatre for proud parents, families and friends. Singing and regular exercise is proven to improve mental wellbeing in people of all ages.</p>	£7,500.00
------	-----------------------	-----------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3529	Nigeria National Community (NNC)	Intergenerational Community Project	<p>We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youth and elders in the community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.</p>	£5,050.00
------	----------------------------------	-------------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3577	n/a - applying as an individual with a group sponsor	Bermondsey Boulders Founder & Participation Fund	<p>The Bermondsey Boulderers Community Support initiative, encompassing aims to address the financial challenges that threaten the sustainability and inclusivity of my climbing community. The Founder Fund component seeks to alleviate the financial burden associated with hosting climbing sessions. Your support for the Founder Fund will contribute to the smooth facilitation of climbing activities, ensuring that there's no undue financial strain on the organiser.</p> <p>Simultaneously, the Participation Fund addresses the financial barriers that hinder accessibility to climbing. Bouldering is not a cheap activity, and the reduced fees for participants are designed to make it affordable for residents, particularly in the wards of Bermondsey, Rotherhithe, and Surrey Quays (where the majority of my members live). This initiative recognises the economic diversity of our community and aims to create an inclusive space for climbers regardless of their financial capacity.</p> <p>The majority of our members reside in the specified wards, emphasising my commitment to benefiting local residents. Many members, who were unknowingly neighbours and local residents in the communities of Rotherhithe and Bermondsey, have formed lifelong friendships. I want to continue fostering these connections. By supporting both funds, we ensure the long-term viability of Bermondsey Boulders while fostering an environment where climbing is accessible and affordable, aligning with my mission to build a strong and diverse climbing community in Bermondsey, Rotherhithe, and Surrey Quays that will continue to meet the physical, social, and mental needs of my community in this post-COVID world. In conclusion, this fund will support the current members and future members of our community, enabling participation in an activity without financial hindrance, which will benefit them greatly and support me, the founder, to continue facilitating these activities.</p>	£5,000.00
------	--	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3584	n/a - applying as an individual with a group sponsor	Mental Health Awareness Week Webinars	<p>The "Community Mental Health Wellness " addresses the significant mental health needs in Southwark, where almost one in five adults, approximately 47,000 individuals, are currently experiencing common mental disorders. Severe mental illness affects 1.4% of the population, disproportionately impacting male, older, and black ethnic population groups.</p> <p>This project will strategically aligns with the UK Mental Health Awareness Week and Children's Mental Health Awareness Week, providing a vital opportunity to support the residents of our community. Leveraging these awareness weeks, the project aims to bring valuable online mental health presentations featuring renowned academics in the field.</p> <p>Southwark's mental health statistics underscore the necessity for comprehensive interventions. The "Mental Health Webinars" seeks to reduce stigma and increase awareness, offering tailored support to address the unique mental health needs of our diverse community. Utilising online platforms will overcome barriers to access, providing residents with valuable insights and strategies for long-term well-being.</p> <p>The benefits for the north-east ward residents are diverse. Residents will receive tailored support from experts in the field, fostering a community-wide understanding of mental health challenges. The webinars will contribute to destigmatizing mental health, encouraging open conversations, and providing residents with practical tools for managing their mental well-being.</p> <p>Cultural sensitivity is integral, ensuring that mental health discussions and resources are inclusive and respectful of the diverse backgrounds within the north-east ward. The project not only addresses immediate mental health needs but also equips residents with practical, sustainable strategies for long-term well-being.</p> <p>In summary, the "Community Mental health Webinar Series" is a targeted response to Southwark's heightened mental health challenges. By leveraging Mental Health Awareness Weeks, the project seeks to provide vital support to residents through online presentations, addressing the unique needs of our community and promoting overall mental well-being.</p>	£180.00
------	--	---------------------------------------	--	---------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3619	Ismael Sami	Gathering @ Copper Row - North Bermondsey	Gathering @ Copper Row	£1,000.00
3620	Ismael Sami	LB Academy North Bermondsey	LB Academy North Bermondsey	£31,000.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3240	Phoenix Players	Phoenix Players theatre hire 2024-25	<p>Phoenix Players shows bring members and audiences together from across Southwark to help them find community, learn new skills and have fun.</p> <p>Our audiences, made up primarily of local residents, get to experience everything from new works of art written locally to former West End shows at community-friendly prices. They explore themes our community cares about - like love, neighbourliness, trauma and anxiety, workers' rights, austerity.</p> <p>Phoenix is different because we are not non-exclusionary - all local residents can join, no matter their talent, experience or background (most groups require a successful audition). We meet weekly and prioritise creating a safe space for self-expression and growth. A recent member survey showed the most common word members associate with Phoenix is "inclusive".</p> <p>We are a Dulwich Wood group - it's where we rehearse most frequently, meet for socials that support local businesses, hire local artists to support us, and put on many of our shows - although we use other venues across Southwark based on cost and availability.</p> <p>With 40 years of experience, we know how to set up and deliver a show and what milestones to hit. However, recently all our outgoings have increased with inflation - particularly venue hire. Research of nearly 40 nearby venues saw average prices up 500% in 2023 compared to 2020. We cannot meet this cost ourselves without becoming unaffordable to local residents.</p> <p>Your help with venue hire costs for our next season would allow us to deliver another year of amazing shows in Southwark, and to focus on art and community over further fundraising. We believe we epitomise your aims as a local community led project that enhances inclusion, improves the neighbourhood and develops stronger communities - encouraging people from different backgrounds to work together and running projects that promote respect and consideration.</p>	£5,000.00
------	-----------------	--------------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

Ward: South Bermondsey

Ref:	Organisation	Project Title	Project Description	Amount Requested
3053	Trothy Road residents	Trothy Road - SE1 5RR	We have now had two successful street parties and these have made a huge difference in bringing together neighbours from Trothy Road and the surrounding streets. It has been especially good for children and for older people and has meant we talk to each other and look out for one another the rest of the year as well.	230
3056	My First 1000 Days	Yoga workshops for vulnerable young women at risk of offending	Due to a huge increase in the demand for our activities, we are applying for a small grant to run our project with yoga, self-defence, meditation and mindfulness for young girls, that come from vulnerable backgrounds, minority groups and that have been subjected or are at risk of domestic violence, abuse or social exclusion. Our classes are aimed for girls that come from extremely poor backgrounds and are not able to afford any paying activity. Girls and young women who experience abuse can suffer from symptoms such as dissociation, physiological regulation difficulties, and mood disturbances that might not respond to traditional interventions. Given the benefits of exercise and sport, we hypothesized that activities such as yoga and martial arts with a focus on self-defence would ameliorate the negative impact of abuse on psychological functioning. After working with teams of professionals, psychologist and local organisations that also offer support to vulnerable women, our findings suggest that frequent exercise practice might ameliorate the negative impact of abuse history on self-concept and coping skills. In addition, our findings suggest that women who incorporate yoga and into other areas of life could get the greatest psychological benefits. Our project aims to encourage local girls and young women to realise their own potential, especially individuals experiencing isolation and social exclusion or minority ethnic women facing language barriers. Those taking part gain new skills and become more confident in their everyday lives, while becoming involved in the wider community. The project targets girls and young women who are socially isolated and may be experiencing mental health issues. It aims to empower individuals and encourage integration back into the community by building self-confidence through group activities as well as one-to-one support.	4000

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3067	Nature Vibezzz	Family Forest School Activities	<p>The project will run 12 weekly Forest School, environmental education activity sessions at Galleywall Nature Reserve in 2024 in partnership with Friends of Galleywall Nature Reserve. Activities will on weekday mornings and will be focusing on local families with preschool and home educated children. Activities will include</p> <ul style="list-style-type: none"> - Promoting wildlife through planting wild flowers, building habitats, etc. - Reusing materials through instructive workshops - Woodcraft, - Bushcraft skills, using tools, etc. - Forest School (including healthy outdoor cooking) <p>Through June and July 2022 Nature Vibezzz ran 5 free Family Forest School activities in partnership with Friends of Galleywall Nature Reserve at the site. Sessions were well attended by a diverse range of families from the local area, who stated an interested in sessions to be continued. Due to Neighbourhood Funding from 2023/24 are have started a programme of free family Forest School activities at the site which we aim to continue in 2024</p> <ul style="list-style-type: none"> - Many urban children in London have very little experience using the outdoors with early years sessions the most challenging. Project sessions will help families to gradually adjust to outdoor play, learn and create an outdoor culture. - We will increase awareness of the site through running public and tailor-made events to highlight the environmental importance of the site. Teaching about the local environment and ways participants can help protect the reserve. - Participants will learn ways to make their lifestyles healthier increasing physical activity, exposure to fresh air and the natural environment, which is crucial for people living sometimes in cramped conditions, especially those who need their confidence building. - Families will work together making improvements to the site, increasing the biodiversity, creating new wildlife habitats and building a closer community connection to the site. - Many project activities shall improve educational attainment of disadvantaged children 	4590
------	----------------	---------------------------------	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3107	The Proper Blokes Club	Walk and talks	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into seven other London boroughs Sutton, Greenwich, Barnet, Havering, Hillingdon, Lambeth and Merton we have also started our first walk in Hertfordshire We have over 300 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject. This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 2 and 4 miles. We have also started a new drop in centre this is another way we are trying to reach more men in need.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups. This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique.</p>	6500
------	------------------------	----------------	--	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3119	Restorative Justice for All International Institute (RJ4All)	The RJ4All	<p>Following consultations with residents in the SE16 area as well as discussions with the Councillors (e.g. Nick Johnson) of the selected Wards, we have identified a pressing need for a community-led space that fosters connections, offers wellbeing support, and empowers local volunteering. The demand arises primarily from the profound effects of COVID-19, including heightened isolation, increased loneliness, financial strain, and a growing rate of unemployment.</p> <p>Over 12 months, RJWHub will provide:</p> <p>(a) Weekly wellbeing circle Cafe - A restorative space where community members can connect, prioritise their mental wellbeing, and engage in meaningful conversations. These circles, rooted in the principles of restorative justice, encompass various weekly discussion themes, creating a space for dialogue and the sharing of refreshments. Our circles are not just gatherings; they are facilitated by a collaborative team of RJ practitioners, trainees, but also users upskilled to community volunteers driving capacity-building.</p> <p>(b) 1-1 wellbeing support at our centre to local residents self-referring. Beyond emotional assistance, we guide individuals in navigating available local services, ensuring they receive the comprehensive support they require.</p> <p>(c) bi-monthly fitness group classes at the centre and online especially activities that tend to lift spirits and target our priority groups including indoor cycling, Zumba, salsa and yoga. RJWHub is a multi-ward project focusing on the entire SE16 postcode. It aligns with our long-term vision of establishing the first restorative justice postcode in the world. This aim to set up holistic local services that address poverty and encourage community and social cohesion. We are a Southwark-born community organisation, with demand for this project spanning across all the selected wards. The need is anticipated to increase as the gap between disadvantaged and affluent local families continues to grow. The surrounding estates, home to over 600 families, are facing challenges such as substance misuse, homelessness, and unemployment.</p>	5000
------	--	------------	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3136	Millwall Community Trust	Kicks Project Delivery	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in Peckham.</p> <p>Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young boys and girls from the ages of 8 to 18 can take part in free weekly sessions at Ellen Brown APground and gain coaching and volunteering experience.</p> <p>The appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of South Bermondsey and help inspire young people to reach their full potential. The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 20-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments.</p>	5000
3218	Longfield TRA	Longfield Fun Day	For the community to come together and meet new neighbours and friends.	3500
3219	Setchell and Longfield TA Hall Fund	Setchell & Longfield Tea Dances	It brings pensioners together on a Sunday afternoon and lets them make friends, it will let them have a dance (for exercising) and a sing song. We will provide a DJ, tea, Coffee, Cakes and Sandwiches. It is needed to get pensioners out and to stop them being lonely, especially when a couple and one of them has dementia, they can bring them to the hall. We fill Sunday is a lonely time for Pensioners.	3000

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3223	Bonamy and Bramcote	Community Fun day plus 2 coach trips	<p>To bring all the community together with loads of fun actives, including, games bus, bouncy castle, face painting fun fair rides, stalls, Millwall football club, Local fire station, local community police, prize bingo free food and drinks, and lots more as since covid the community have found things hard some people have become isolated, we have been getting more and more people involve and have new younger committee members that want to try out new idea's .</p> <p>a coach trip out id always well received, and it comforting for people that may have mobility issue or other health issue to get out for the day with a change of location, by doing 2 trips out 1 early in the season and the 2nd one towards the end give every one a chance to go as we have a list of people that would like to go and when the coach is full they will get a chance to go next time so no-one is left out.</p> <p>and it gives people some thing to look forward to</p>	5000
3248	Bermondsey pantry /Betty's Baby Bank	Love north southwark cic	<p>We support our community with the food pantry and baby bank</p> <p>The food pantry helps reduce food bills and food waste people come to the food pantry and can have 12 items of groceries for £5 this includes fresh meat vegetables fruit cupboard items and dairy products in Reality the shopping they have is £20-25 in the Supermarkets</p> <p>The baby bank is to help families with free baby items clothing nappies baby food prams high chair everything a baby and tot need in the first few years of they life will support</p> <p>0-5years old most of our items are donated by the community but nappies and baby food is a must which we need to buy it has been a need in our community what with the cost of living we know we are helping people with these services</p> <p>We have had good feedback from the local community that now relieves on us to help them</p>	8000

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3329	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat there homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	4500
3353	OurRotherhithe	Grand Surrey Canal	<p>Much of the canal remains but largely hidden and forgotten but gives its name to Surrey Quays. The leaflet would describe its complex history from 1807 to 1970 (it never actually reached Surrey !) and provide another walk to explore in the area. We would like to link with community groups in Peckham, Camberwell and Deptford to share the idea, gather information and share and promote the leaflet.</p>	2500

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3370	Parent Skills2go CIC	Soft outreach and well being project	<p>To provide families from the local community with soft outreach activities which include:</p> <ol style="list-style-type: none"> 1. After school social and physical activities for parents and children 2. 2x10 week sewing workshops for parents and carers in the local community that will able them develop skills that can lead on to further training and employment The aim is to encourage positive change and enable parents to realise their potential and fulfil their goals. One part of the programme will focus on freehand cutting patterns as opposed to the conventional dressmaking pattern and the other aspect is to support basic sewing skills that can help reduce cost of buying new stuff and maintain not so new items. 3. To provide a space for parents and carers of children with special needs where they can meet and discuss and share issues , get support and respite during the time of dropping and picking up their children from school 4. 10 sessions of well and fitness sessions for mums <p>The aim of these 4 projects is to support learning and development that can enhance abilities and promote mental and emotional well being, reduce isolation and increase confidence and self esteem. It is also about improving confidence in accessing services, promoting family learning and reducing food poverty. Through previous sessions and activities we have found out that the impact of the cost of living crisis is still being felt by families in terms of their mental and emotional well being; families with SEN children who have been attending our after school activities believe that a space to ;breathe will be helpful and parents have also said that they have a desire to learn sewing but find it difficult to read and understand conventional dressmaking patterns especially if they do not have literacy and numeracy skills</p>	7700
------	-------------------------	--------------------------------------	--	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3378	Meanwhile Space CIC	The Hithe	<p>We want to establish a Hithe Community Garden Events Programme. The Hithe Community Garden is a former building site that has been regenerated into an outdoor space open to the public. This is an ongoing project that aims to provide several services to locals: hands-on access to nature, an opportunity for creativity in an outdoor space and access to an affordable 'third place' for local people. Our successful application for Neighbourhoods Fund 2023/24 has helped establish a regular group of garden volunteers and get the garden to a standard suitable for introducing more activities in the space.</p> <p>The Events Programme will consist of increasing the gardening sessions on offer to include regular sessions with Albion Primary School and Southwark Wellbeing Hub social prescribing group, plus the addition of free-to-attend workshops run by local artists (e.g. print making, drumming, origami, storytelling). An Events Programme is needed as the Hithe Community Garden provides a unique space to combine art with nature in an accessible, inclusive environment. Local residents, school pupils and the social prescribing group will benefit from the programme; it will provide an opportunity for all to explore their creativity in an outdoor setting. For the artists this programme will be a source of income and involvement in the local community. For workshop participants it will be an opportunity to meet fellow Rotherhithe residents and form relationships with their neighbours.</p> <p>Targets 15 school children / 5-10 social prescribing participants / 10 volunteers through community gardening sessions 10-20 participants at quarterly creative workshops x2 a month: School workshops / x1-2 a month: Social prescribing workshops / Weekly community gardening</p> <p>Milestones Establish regular sessions with Southwark Wellbeing Hub / Establish regular sessions with Albion Primary School Recruitment + organisation of art workshops / Flyering local estates to advertise free creative workshops</p>	3040
------	---------------------	-----------	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3379	Big Local Works	Healthy cooking, Healthy life skills workshops	<p>With the cost of living still sky high, the cost of a weekly food shop has soared and those already struggling, are being pushed further into financial hardship, and poverty. Additionally, a recent study by UCL also shows young adults aged 18 to 24 are at the highest risk of becoming overweight or developing obesity in the next decade due to poor diet and lack of exercise. We know our community is facing challenging financial and emotional times. Having the life skills to maintain a healthy lifestyle and make positive choices is essential to thrive on the road ahead!</p> <p>This project is a 12-week program, teaching participants essential life skills such as healthy cooking, menu planning, budgeting, self-confidence and resilience. Our aim is to promote healthy life choices, instil a positive mind-set and equip individuals with the skills for personal and professional development. We aim to teach the advantages of healthy eating for your body and mind - but also your weekly budget. Having a balanced diet, full of sustainable and healthy ingredients, is possible on a low budget if you know how to cook and where to shop! Led by Jahson Peat, the owner of Zionly Manna Restaurant in Bermondsey we will mentor participants interested in:</p> <ul style="list-style-type: none"> -Gaining experience in healthy cooking and nutrition - Making healthy choices - Menu planning - Cooking on a budget - Using the least possible energy to save money -Vegan cooking for babies - Confidence and resilience -Key Employability and Enterprise skills <p>Building on our existing economic support in the community this project provides a more holistic, person-centred approach to our training and will enable participants to approach life choices in the most positive and sustainable way.</p>	5000
------	-----------------	--	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3390	The Bubble Theatre Company Ltd (known as London Bubble Theatre)	Ages and Stages	<p>Older adults take part in our weekly, social drama groups - Tea Break Theatre in Southwark. They are creative, imaginative people with rich and diverse stories to tell. Despite being Southwark residents for much of their lives, many do not engage with the wealth of theatre and cultural institutions on their doorstep. The barriers they face are a combination of financial and feeling that these experiences and places are not for them. This project aims to change that.</p> <p>We regard our Tea Break Theatre members as artists and believe they deserve access to opportunities to increase their cultural capital and to receive support from professional artists to elevate the theatre they make with London Bubble. One member described the positive impact it makes for her to perform to an audience alongside her peers and neighbours:</p> <p>We don't feel invisible when we're with Bubble. Instead of being ignored, strangers came up to us and congratulated us on our work. We weren't pushed to the side, people saw us.</p> <p>Providing opportunities to see live theatre supports older people to be more ambitious with the theatre they make alongside London Bubble professional artists. Providing additional expertise from specialist artists such as designers, movement specialists and musicians will allow our members to realise their ambitions. We notice how being given costume to wear, props to use or hearing how a musician has combined a recording of them speaking with music they've suggested generates pride in our members. These elements increase creative expression and playfulness.</p> <p>The project will allow us to offer 2 theatre trips to all Tea Break Theatre members plus 2 opportunities to share the theatre they create with invited audiences. As groups may choose to see different shows, depending on their interests, this may result in up to 8 theatre trips.</p>	4344
------	---	-----------------	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3392	Surrey Docks Farm	Youth Programme Resources	<p>We're applying for funding to enable us to offer a free weekly Youth Programme where 75 local young people (aged 8-18) take part in: food growing, animal care, healthy cooking, rural crafts, environmental and social action projects.</p> <p>We want to ensure all young people have the opportunity to become active members of society, live healthy lives, prepare for their futures and fulfil their potential.</p> <p>We're the only city farm in the borough and are only too aware of the lack of youth provision in our area, particularly on weekends. We're concerned by the high local rate of childhood obesity concentrated in the north and central wards of the borough, with 42% of Year 6 children in Southwark being either overweight or obese. We feel we're well placed to actively address this issue, as our Youth Programme enables all young people to grow their own food, then cook and eat their produce. By engaging young people in food growing and cooking we will enable young people to get active outdoors and make cooking healthy foods a fun and social skill to learn with their peers.</p> <p>Young people regularly give feedback to ensure we're meeting their needs. Our annual Youth Consultation demonstrated that the young people benefit from improved social skills, physical and mental wellbeing, plus increased confidence.</p> <p>Our young people are supported to engage with their community and care for spaces beyond the Farm. They're all really keen to do this and pass success includes growing plants to donate to community spaces, regularly litter picking the foreshore and delivering several social action projects to welcome more people to the Farm, further details here:</p> <p>www.surreydocksfarm.org.uk/youth-led-social-action/ We're requesting funding to give these young people the freedom to choose their own project to work on together to benefit their community.</p>	4900
------	-------------------	---------------------------	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3417	City Hope Youth, Bermondsey	City Hope Church Bermondsey	<p>This project would achieve bringing members of the community together, creating a welcoming environment which celebrates diversity and inclusivity.</p> <p>After covid members of the community became isolated, so through this project we are able to bring the community together and restore community relationships between families and individuals.</p> <p>The project would include activities such as; Sports activities, Family team games, Aerobics, Talks/Workshop Sessions, Storytelling sessions as well. as other. activities.</p>	5300
------	--------------------------------	--------------------------------	--	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3435	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Hub	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	5200
------	--	---------------------------------	--	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3444	Time and Talents Association	Let's Band Together	<p>Rotherhithe faces many barriers to intergenerational harmony. Time & Talents breaks down pre-conceived prejudices, building stronger communities through intergenerational activities. Children benefit from the wisdom and experiences of the older generation, while older people are invigorated with youthful energy and feelings of connection. Feedback from previous activities demonstrates that all ages across Rotherhithe share common goals for a friendlier and cleaner community.</p> <p>T&T will continue our intergenerational work in 2024, forging new connections between our summer Holiday Hunger Club (ages 6-11), Ruby Tuesdays Dementia Group and VIP (Visually Impaired Persons) group. Alongside intergenerational experts, we have used exercise, visual arts and cycling through Southwark Park to build community across ages. We will now connect participants through music, in 4 group sessions across a two-week period.</p> <p>While other music programmes in the area are age-group-specific, this new and lively project will benefit multiple generations. Led by a community music specialist, we will engage local children and older people in musical creativity, culminating with a recorded audio keepsake to share with families. Children will create their own musical instruments with recycled materials, which they will then use in a music-making and recording session with the older people.</p> <p>Music has a transformative effect on T&T's older adults, especially those with low mood or a dementia diagnosis. Reminiscence through music gives participants an accessible way to bond and have fun together. Music also provides children with adverse childhood experiences (ACEs) with a positive and accessible way to express themselves; many of the children in our Holiday Hunger Club experience ACEs.</p> <p>Many older people at T&T have family living out of the area, with grandchildren they may not see often. This intergenerational programme will build older people's confidence and connect them with younger generations outside of their usual day-to-day experiences.</p>	2437
------	------------------------------	---------------------	--	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3445	Tideway Sailability	Tideway Sailability Volunteer Expenses	<p>Currently, Tideway does not cover volunteer expenses. New funding for some volunteer expenses would motivate/encourage volunteers to attend activity sessions earlier.</p> <p>Project Officers noted a problem whereby some volunteers are arriving later than the scheduled time for setting up and preparing our activities because volunteers say they cannot afford to pay the peak fare times on London Transport. Volunteers say they pay more if traveling before 9.00 on tubes/rail and buses if using Freedom/Oyster 60+ passes. This is not an ideal way of working because it is challenging for the few volunteers who arrive via own transport to set up the sessions before participants arrive. Such issues have created a barrier to volunteering at Tideway Sailability.</p> <p>Tideway is the only project in the London Borough of Southwark offering local, accessible sailing activities: Volunteers gain experience in sailing, training, RYA (Royal Yachting Association) qualifications and experience in boat maintenance.</p> <ul style="list-style-type: none"> - Activities rely on the commitment of volunteers who are interested in sailing, to take part in the programme of sailing activities alongside the participating sailors who are members of the public. - Inclusivity: the fact Tideway is run entirely by volunteers; and the outdoor physical activity of sailing, is unique within this ward. - Milestones: By the end of the sailing, training and sessions from May to October, Wednesday, 26 weeks, Sundays 52 weeks there is increased commitment of volunteers to stay with the project in the longer term. - Targets: Increase and sustain the number of volunteers from 10 to 15 arriving by 9.30 on a Wednesday, thus helping to: <ul style="list-style-type: none"> - Maintain links with local learning disability groups, individuals and families from the borough and beyond, attending from 10.00am. - Increase volunteering participation as soon as funding is in place from April 2024. 	1001
------	---------------------	--	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3507	Rouel Blue Garden Club	Rouel Community Garden Seedbed Workshops	<p>The Rouel Blue Garden Club would like to undertake 10 workshops involving local residents and children as part of the Rouel Community Garden Seedbed Project. We have applied for CGS funding to construct 5 more raised beds in the Rouel Estate Community Garden for community and residents use. This is a project to widen participation in the Community Garden and to increase knowledge and awareness of gardening and greening for local residents, children and young people who have no access to growing space. Six workshops would be on Growing, Greening and Gardening and a further four on Designing and Painting a Mural on the sides of our storage container.</p>	720
------	------------------------	--	---	-----

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3523	Unity Music Arts Team C.I.C	Let's Make Music & Dance	<p>Let's Make Music & Dance will be a series of 3 summer Saturday events between May - September 2024 . These are FREE small scale community events primarily supporting community enrichment . Music is a universal language and these events do bring the diverse community together . Next year again we plan to incorporate a tribute to The Windrush Legacy , an acknowledgement to the LGBT community during London Pride and also share music and dance with local history and art projects .</p> <p>The Blue Market is one of those locations which over the past 5 years has been changing positively and these small events make a positive contribution towards the market place diversity and change .</p> <p>Next year we will include the Salsa Dance workshops inviting local residents to take part, include a community choir, Caribbean style calypso steel band, and several guest semi acoustic light rock and pop artists.</p> <p>With event seating, disabled access toilet hire and licensed event security , these events have the potential to grow and reach out to a wider demographic.</p>	2100
------	-----------------------------	--------------------------	--	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3524	Musical Mayhem London	Musical Mayhem Bursary Fund	<p>We are making Musical Mayhem (MM) classes affordable for everyone in Southwark, by offering up to 75% discount allowing families to participate in performing arts at a time when it may not otherwise represent a financial priority.</p> <p>MM have been running for 10 years in Southwark, with 20+ weekly classes, teaching singing, dance and drama, with regular performances, community events and free school enrichment classes. Teaching over 200 students attending on a regular basis, our classes are a huge success. Our miniature classes for under 5's, nurture development in children whilst supporting parents during their journey into parenthood. Our Ofsted registered Theatre academy classes, teach musical theatre to school aged children. In our inclusive weekly fitness classes, adults learn dances from musicals, keep fit and have fun. The focus of MM is using performing arts as a vehicle to build confidence in people and harness their potential for creativity in a safe, inclusive and supportive environment. Attending MM improves confidence and self-esteem, mental and physical well-being, reducing social isolation and creating a sense of community.</p> <p>Students are carefully nurtured to overcome their fears, whether it be separation anxiety in little ones, performance anxiety for our theatre academy students, or feeling embarrassed to dance in front of others, attending MM has proven to reduce these. We have had students who are too scared to put their hands up in class to answer questions in school, and parents have expressed how this has drastically improved as a result of attending our classes. As part of the term, the theatre academy students will be given the opportunity to perform at Bermondsey Street festival, Canada Water tube station, and Greenwich Theatre for proud parents, families and friends. Singing and regular exercise is proven to improve mental wellbeing in people of all ages.</p>	7500
3529	Nigeria National Community (NNC)	Intergenerational Community Project	<p>We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youth and elders in the community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.</p>	5050

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3567	Trees for Bermondsey	Summer Picnic	Working with the Rouel Blue Garden Club, Rouel Rd Estate TRA, Southwark's Tree Section, The Orchard Project and volunteers and residents, we planted and manage a community orchard of 26 fruit trees and run activities such as planting days, tours, workshops and picnics.	1600
------	----------------------	---------------	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3577	n/a - applying as an individual with a group sponsor	Bermondsey Boulders Founder & Participation Fund	<p>The Bermondsey Boulderers Community Support initiative, encompassing aims to address the financial challenges that threaten the sustainability and inclusivity of my climbing community. The Founder Fund component seeks to alleviate the financial burden associated with hosting climbing sessions. Your support for the Founder Fund will contribute to the smooth facilitation of climbing activities, ensuring that there's no undue financial strain on the organiser.</p> <p>Simultaneously, the Participation Fund addresses the financial barriers that hinder accessibility to climbing. Bouldering is not a cheap activity, and the reduced fees for participants are designed to make it affordable for residents, particularly in the wards of Bermondsey, Rotherhithe, and Surrey Quays (where the majority of my members live). This initiative recognises the economic diversity of our community and aims to create an inclusive space for climbers regardless of their financial capacity.</p> <p>The majority of our members reside in the specified wards, emphasising my commitment to benefiting local residents. Many members, who were unknowingly neighbours and local residents in the communities of Rotherhithe and Bermondsey, have formed lifelong friendships. I want to continue fostering these connections. By supporting both funds, we ensure the long-term viability of Bermondsey Boulders while fostering an environment where climbing is accessible and affordable, aligning with my mission to build a strong and diverse climbing community in Bermondsey, Rotherhithe, and Surrey Quays that will continue to meet the physical, social, and mental needs of my community in this post-COVID world. In conclusion, this fund will support the current members and future members of our community, enabling participation in an activity without financial hindrance, which will benefit them greatly and support me, the founder, to continue facilitating these activities.</p>	5000
------	--	--	---	------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3584	n/a - applying as an individual with a group sponser	Mental Health Awareness Week Webinars	<p>The "Community Mental Health Wellness " addresses the significant mental health needs in Southwark, where almost one in five adults, approximately 47,000 individuals, are currently experiencing common mental disorders. Severe mental illness affects 1.4% of the population, disproportionately impacting male, older, and black ethnic population groups.</p> <p>This project will strategically aligns with the UK Mental Health Awareness Week and Children's Mental Health Awareness Week, providing a vital opportunity to support the residents of our community. Leveraging these awareness weeks, the project aims to bring valuable online mental health presentations featuring renowned academics in the field.</p> <p>Southwark's mental health statistics underscore the necessity for comprehensive interventions. The "Mental Health Webinars" seeks to reduce stigma and increase awareness, offering tailored support to address the unique mental health needs of our diverse community. Utilising online platforms will overcome barriers to access, providing residents with valuable insights and strategies for long-term well-being.</p> <p>The benefits for the north-east ward residents are diverse. Residents will receive tailored support from experts in the field, fostering a community-wide understanding of mental health challenges. The webinars will contribute to destigmatizing mental health, encouraging open conversations, and providing residents with practical tools for managing their mental well-being.</p> <p>Cultural sensitivity is integral, ensuring that mental health discussions and resources are inclusive and respectful of the diverse backgrounds within the north-east ward. The project not only addresses immediate mental health needs but also equips residents with practical, sustainable strategies for long-term well-being.</p> <p>In summary, the "Community Mental health Webinar Series" is a targeted response to Southwark's heightened mental health challenges. By leveraging Mental Health Awareness Weeks, the project seeks to provide vital support to residents through online presentations, addressing the unique needs of our community and promoting overall mental well-being.</p>	180
------	--	---------------------------------------	--	-----

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3622	Ismael Sami	Folajimi Day (South Bermondsey)	Folajimi Day (South Bermondsey)	5000
3632	n/a - applying as an individual with a group sponsor	Mortain house staircase restoration	<p>The Staircase Revitalisation Initiative aims to transform the appearance and functionality of our block of flats, fostering a sense of pride and community among the six resident families. The current state of the staircase, with worn-out walls and deteriorating metal railings, not only poses aesthetic concerns but also impacts the overall living experience.</p> <p>This project is crucial for several reasons. Firstly, the deteriorating condition of the staircase is affecting the overall aesthetic appeal of our block, creating an unwelcoming atmosphere. Secondly, a revitalised common space has the potential to strengthen the sense of community among residents. By collaborating on this improvement project, we can cultivate a shared ownership of our living environment and create a positive living atmosphere.</p> <p>The benefits for residents are multifold. A visually improved staircase will enhance the overall living environment, creating a more pleasant and uplifting space. Collaboratively engaging in the revitalization process will build a stronger sense of community, fostering neighbourly relationships among the families in our block. This project aligns with the broader goal of enhancing the well-being and living experience of our residents.</p> <p>By investing in the "Staircase Revitalisation Initiative," we aim to create a tangible and positive impact within our community, instilling a sense of pride in our living space and fostering connections among neighbours. This initiative goes beyond physical improvements; it is a collective effort to enhance the quality of life for all residents in our block of flats.</p>	630

2024/25 Neighbourhoods Fund Ward Application Summary Tables

Ward: Rotherhithe

App ID	Organisation	Project Title	Project Description	Amount Requested
--------	--------------	---------------	---------------------	------------------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

1141	Spring Community Hub	Rotherhithe Holiday Club	<p>Spring Community Hub works to achieve equality in our communities, we want to be a vehicle for positive and lasting change in our clients so that they never need a food bank again.</p> <p>Our Holiday Club is part of a range of wraparound services that we provide for families who are experiencing financial challenges and food insecurity. The Holiday Club, has since its inception, provided nutritious, culturally sensitive food, play and learning opportunities for hundreds of children. These activities and the food provided to the families reduces money worries triggered by food insecurity. Additionally, recent research carried out on the impact of HAF funding found a probable link between food insecurity and poor mental health for parents and carers - this underlines the importance of our Holiday Club provision.</p> <p>The Club provides many social benefits; most of the activities we run are fun and inclusive and they nudge children towards healthy eating, exercise, integration and social inclusion. While our over-arching aim is to alleviate hunger, we also give families the opportunity to engage with their children through arts and crafts, cooking, dance, storytelling and our fun trips which have included visits to the sea side, Legoland, museums, and the Tower of London.</p> <p>We are fortunate to receive HAF funding, however, the Neighbourhoods Fund helps us to serve families with children aged zero upwards and we also serve the working poor - many of our families are in employment but are also experiencing food insecurity.</p> <p>Finally, helping to run the Club develops confidence in our volunteers, some of whom are Spring Community Hub adult clients, this means the benefits of the Clubs are shared across the organisation and our efficiency is improved.</p>	£4,173.75
------	----------------------	--------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

2024	Global Generation - Paper Garden	Paper Garden	<p>In 2022, we set up community growing beds which developed a cohort of caring and invested people growing skills and love of the garden, "Having no garden in the inner city is no joke. Post-pandemic, I was wary about community groups but, because this is outside, I felt safer. With so much regeneration happening locally, it's brilliant to be part of this community space. Long may it be here." - Amanda, Community Grower 2022.</p> <p>The success has been the cohesion of community members. For example, during the harsh Summer months, growers communally watering each other's beds.</p> <p>The cost of living crisis squeezing on households means growers are taking on extra work, this and family care reduces the time available for tending to plots. Some growers shared that this can lead to stress and feelings of guilt. Governmental policy should not restrict access when we all need it the most. However, the plots must be tended to. The allocated beds were then reabsorbed into the regular running of the Paper Garden meaning produce and maintenance duties are shared between the community growers and other programmes.</p> <p>The project we wish to expand is our community grower programme into 12x free horticultural sessions exploring plant identification, harvesting, and monthly gardening tasks. Increasing horticultural training and 12x Saturday cooking classes, access to these sessions means community growers can come in and help out in the garden during the week as well as integrate into cooking workshops with families attending on Saturdays. We have seen a huge gap in the knowledge around fresh food we delivered to the pantries in 2020-2022. The cooking workshops will provide local families space to learn about food origins, nutrition, share stories whilst eating healthy organic meals and taking what they have learned back home and into the community.</p>	£5,000.00
------	----------------------------------	--------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3107	The Proper Blokes Club	Walk and talks	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into seven other London boroughs Sutton, Greenwich, Barnet, Havering, Hillingdon, Lambeth and Merton we have also started our first walk in Hertfordshire We have over 300 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject. This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 2 and 4 miles. We have also started a new drop in centre this is another way we are trying to reach more men in need.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups. This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique.</p>	£6,500.00
------	------------------------	----------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3119	Restorative Justice for All International Institute (RJ4All)	The RJ4All	<p>Following consultations with residents in the SE16 area as well as discussions with the Councillors (e.g. Nick Johnson) of the selected Wards, we have identified a pressing need for a community-led space that fosters connections, offers wellbeing support, and empowers local volunteering. The demand arises primarily from the profound effects of COVID-19, including heightened isolation, increased loneliness, financial strain, and a growing rate of unemployment.</p> <p>Over 12 months, RJWHub will provide:</p> <p>(a) Weekly wellbeing circle Cafe - A restorative space where community members can connect, prioritise their mental wellbeing, and engage in meaningful conversations. These circles, rooted in the principles of restorative justice, encompass various weekly discussion themes, creating a space for dialogue and the sharing of refreshments. Our circles are not just gatherings; they are facilitated by a collaborative team of RJ practitioners, trainees, but also users upskilled to community volunteers driving capacity-building.</p> <p>(b) 1-1 wellbeing support at our centre to local residents self-referring. Beyond emotional assistance, we guide individuals in navigating available local services, ensuring they receive the comprehensive support they require.</p> <p>(c) bi-monthly fitness group classes at the centre and online especially activities that tend to lift spirits and target our priority groups including indoor cycling, Zumba, salsa and yoga. RJWHub is a multi-ward project focusing on the entire SE16 postcode. It aligns with our long-term vision of establishing the first restorative justice postcode in the world. This aim to set up holistic local services that address poverty and encourage community and social cohesion. We are a Southwark-born community organisation, with demand for this project spanning across all the selected wards. The need is anticipated to increase as the gap between disadvantaged and affluent local families continues to grow. The surrounding estates, home to over 600 families, are facing challenges such as substance misuse, homelessness, and unemployment.</p>	£5,000.00
------	--	------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3122	Mayflower Tenants Association	Summer Days Out & Halloween 2024	Summer Days Out 2024 will pay for tickets for residents (including children) to enjoy a day out in or around London including entrance tickets for attractions, Halloween 2024 will provide a Halloween theme event aimed at children and free entry tickets. The cost of living crisis continues and many of our residents live on estates that are areas of deprivation.	£1,000.00
------	-------------------------------	----------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3217	The Bermondsey Artists' Group managing Southwark Park Galleries	Pre-school Allotment Club for Low-Income Families	<p>A programme of free weekly drop-in gardening sessions for pre-school children from low-income families from the local estates surrounding Southwark Park in our Community Allotment at Lake Gallery, Southwark Park. Over the past 12 years we have engaged over 4,531 residents. We request joint funding from the wards that we directly serve: North Bermondsey, Rotherhithe and Surrey Docks.</p> <p>Parents, grandparents and carers come with their pre-school children to acquire new gardening and craft skills. Working and learning together helps build the cohesiveness of their local community. They grow, harvest and eat fresh food learning hands-on about healthy eating and the environment. They gain the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Our Allotment Club also provides a valuable social space for many parents and carers who experience substantial isolation. These sessions directly tackle obesity where 30% of local 10-11 year-olds are diagnosed as obese. Food education in Early Years is proven to shift attitudes towards eating healthily and instil good food habits in children.</p> <p>The Allotment Club will deliver 20 free sessions for local families on Fridays between 10-12am from May-October 2023. The families will work with a community gardener and Workshop Leader who have considerable experience in facilitating fun hands-on gardening.</p> <p>To provide an even more welcoming environment, where parents can experience and learn the healthy benefits of plants, in 2023 we provided drinks using the herbs available in our allotment. This significantly raised awareness around natural remedies and herbs' health benefits.</p>	£6,150.00
------	---	---	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3248	Bermondsey pantry /Betty's Baby Bank	Love north southwark cic	<p>We support our community with the food pantry and baby bank</p> <p>The food pantry helps reduce food bills and food waste people come to the food pantry and can have 12 items of groceries for £5 this includes fresh meat vegetables fruit cupboard items and dairy products in Reality the shopping they have is £20-25 in the Supermarkets</p> <p>The baby bank is to help families with free baby items clothing nappies baby food prams high chair everything a baby and tot need in the first few years of they life will support 0-5years old most of our items are donated by the community but nappies and baby food is a must which we need to buy it has been a need in our community what with the cost of living we know we are helping people with these services</p> <p>We have had good feedback from the local community that now relieves on us to help them</p>	£8,000.00
3329	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat there homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	£4,500.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3348	HUBSE16	Stories of Home: Displacement and Resilience in SE16	<p>Our 'Stories of Home': Displacement and Resilience in SE16 project is a community initiative undertaken by HUBSE16 and PLUSHSE16, aiming to address the pressing issues of displacement and the celebration of cultural heritage in the SE16 ward of Southwark. This project is designed to contribute to the Southwark Archives and achieve several vital objectives:</p> <p>Preservation of Cultural Heritage: SE16 is a diverse and culturally rich community. However, rapid development and displacement have threatened the preservation of the cultural heritage that defines our neighbourhood. 'Stories of Home' seeks to document and celebrate the cultural diversity that makes SE16 unique.</p> <p>Raising Awareness on Displacement: The project acknowledges that displacement is a significant issue affecting many residents in our ward. Through open dialogues, workshops, and advocacy efforts, 'Stories of Home' intends to raise awareness about the challenges posed by displacement and engage community members in discussions about potential solutions.</p> <p>Fostering Community Unity: Displacement can create a sense of disconnection and loss within the community. This project encourages community members to come together, share their experiences, and unite in the face of adversity. By preserving and celebrating our cultural heritage, we aim to strengthen the sense of community pride and belonging.</p> <p>Empowering Residents: 'Stories of Home' empowers residents through artistic expression, dialogue, and advocacy. It allows individuals to share their narratives, develop skills, and participate in discussions that can lead to practical solutions. This empowerment is crucial in giving a voice to the community and facilitating positive change.</p> <p>This project aims to provide a platform to share our stories, celebrate collective cultural heritage, and address the challenges of displacement. It catalyses community unity, advocacy, and the preservation of cultural identity. Ultimately, 'Stories of Home' is curated to empower residents to take an active role in shaping the future of their community.</p>	£8,800.00
------	---------	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3353	OurRotherhithe	Grand Surrey Canal	<p>Much of the canal remains but largely hidden and forgotten but gives its name to Surrey Quays. The leaflet would describe its complex history from 1807 to 1970 (it never actually reached Surrey !) and provide another walk to explore in the area. We would like to link with community groups in Peckham, Camberwell and Deptford to share the idea, gather information and share and promote the leaflet.</p>	£2,500.00
------	----------------	--------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3370	Parent Skills2go CIC	Soft outreach and well being project	<p>To provide families from the local community with soft outreach activities which include:</p> <ol style="list-style-type: none"> 1. After school social and physical activities for parents and children 2. 2x10 week sewing workshops for parents and carers in the local community that will able them develop skills that can lead on to further training and employment The aim is to encourage positive change and enable parents to realise their potential and fulfil their goals. One part of the programme will focus on freehand cutting patterns as opposed to the conventional dressmaking pattern and the other aspect is to support basic sewing skills that can help reduce cost of buying new stuff and maintain not so new items. 3. To provide a space for parents and carers of children with special needs where they can meet and discuss and share issues , get support and respite during the time of dropping and picking up their children from school 4. 10 sessions of well and fitness sessions for mums. <p>The aim of these 4 projects is to support learning and development that can enhance abilities and promote mental and emotional well being, reduce isolation and increase confidence and self esteem. It is also about improving confidence in accessing services, promoting family learning and reducing food poverty. Through previous sessions and activities we have found out that the impact of the cost of living crisis is still being felt by families in terms of their mental and emotional well being; families with SEN children who have been attending our after school activities believe that a space to ;breathe will be helpful and parents have also said that they have a desire to learn sewing but find it difficult to read and understand conventional dressmaking patterns especially if they do not have literacy and numeracy skills</p>	£7,700.00
------	----------------------	--------------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3379	Big Local Works	Healthy cooking, Healthy life skills workshops	<p>With the cost of living still sky high, the cost of a weekly food shop has soared and those already struggling, are being pushed further into financial hardship, and poverty. Additionally, a recent study by UCL also shows young adults aged 18 to 24 are at the highest risk of becoming overweight or developing obesity in the next decade due to poor diet and lack of exercise. We know our community is facing challenging financial and emotional times. Having the life skills to maintain a healthy lifestyle and make positive choices is essential to thrive on the road ahead!</p> <p>This project is a 12-week program, teaching participants essential life skills such as healthy cooking, menu planning, budgeting, self-confidence and resilience. Our aim is to promote healthy life choices, instil a positive mind-set and equip individuals with the skills for personal and professional development. We aim to teach the advantages of healthy eating for your body and mind - but also your weekly budget. Having a balanced diet, full of sustainable and healthy ingredients, is possible on a low budget if you know how to cook and where to shop! Led by Jahson Peat, the owner of Zionly Manna Restaurant in Bermondsey we will mentor participants interested in:</p> <ul style="list-style-type: none"> -Gaining experience in healthy cooking and nutrition / - Making healthy choce - Menu planning -Cooking on a budget - Using the least possible energy to save money -Vegan cooking for babies - Confidence and resilience -Key Employability and Enterprise skills <p>Building on our existing economic support in the community this project provides a more holistic, person-centred approach to our training and will enable participants to approach life choices in the most positive and sustainable way.</p>	£5,000.00
------	-----------------	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3390	The Bubble Theatre Company Ltd (known as London Bubble Theatre)	Ages and Stages	<p>Older adults take part in our weekly, social drama groups - Tea Break Theatre in Southwark. They are creative, imaginative people with rich and diverse stories to tell. Despite being Southwark residents for much of their lives, many do not engage with the wealth of theatre and cultural institutions on their doorstep. The barriers they face are a combination of financial and feeling that these experiences and places are not for them. This project aims to change that.</p> <p>We regard our Tea Break Theatre members as artists and believe they deserve access to opportunities to increase their cultural capital and to receive support from professional artists to elevate the theatre they make with London Bubble. One member described the positive impact it makes for her to perform to an audience alongside her peers and neighbours:</p> <p>We don't feel invisible when we're with Bubble. Instead of being ignored, strangers came up to us and congratulated us on our work. We weren't pushed to the side, people saw us.</p> <p>Providing opportunities to see live theatre supports older people to be more ambitious with the theatre they make alongside London Bubble professional artists. Providing additional expertise from specialist artists such as designers, movement specialists and musicians will allow our members to realise their ambitions. We notice how being given costume to wear, props to use or hearing how a musician has combined a recording of them speaking with music they've suggested generates pride in our members. These elements increase creative expression and playfulness.</p> <p>The project will allow us to offer 2 theatre trips to all Tea Break Theatre members plus 2 opportunities to share the theatre they create with invited audiences. As groups may choose to see different shows, depending on their interests, this may result in up to 8 theatre trips.</p>	£4,344.00
------	---	-----------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3392	Surrey Docks Farm	Youth Programme Resources	<p>We're applying for funding to enable us to offer a free weekly Youth Programme where 75 local young people (aged 8-18) take part in: food growing, animal care, healthy cooking, rural crafts, environmental and social action projects.</p> <p>We want to ensure all young people have the opportunity to become active members of society, live healthy lives, prepare for their futures and fulfil their potential.</p> <p>We're the only city farm in the borough and are only too aware of the lack of youth provision in our area, particularly on weekends. We're concerned by the high local rate of childhood obesity concentrated in the north and central wards of the borough, with 42% of Year 6 children in Southwark being either overweight or obese. We feel we're well placed to actively address this issue, as our Youth Programme enables all young people to grow their own food, then cook and eat their produce. By engaging young people in food growing and cooking we will enable young people to get active outdoors and make cooking healthy foods a fun and social skill to learn with their peers.</p> <p>Young people regularly give feedback to ensure we're meeting their needs. Our annual Youth Consultation demonstrated that the young people benefit from improved social skills, physical and mental wellbeing, plus increased confidence.</p> <p>Our young people are supported to engage with their community and care for spaces beyond the Farm. They're all really keen to do this and pass success includes growing plants to donate to community spaces, regularly litter picking the foreshore and delivering several social action projects to welcome more people to the Farm, further details here:</p> <p>www.surreydocksfarm.org.uk/youth-led-social-action/ We're requesting funding to give these young people the freedom to choose their own project to work on together to benefit their community.</p>	£4,900.00
------	-------------------	---------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3417	City Hope Youth, Bermondsey	City Hope Church Bermondsey	<p>This project would achieve bringing members of the community together, creating a welcoming environment which celebrates diversity and inclusivity.</p> <p>After covid members of the community became isolated, so through this project we are able to bring the community together and restore community relationships between families and individuals.</p> <p>The project would include activities such as; Sports activities, Family team games, Aerobics, Talks/Workshop Sessions, Storytelling sessions as well. as other. activities.</p>	£5,300.00
------	--------------------------------	--------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3435	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Hub	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	£5,200.00
------	--	---------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3444	Time and Talents Association	Let's Band Together	<p>Rotherhithe faces many barriers to intergenerational harmony. Time & Talents breaks down pre-conceived prejudices, building stronger communities through intergenerational activities. Children benefit from the wisdom and experiences of the older generation, while older people are invigorated with youthful energy and feelings of connection. Feedback from previous activities demonstrates that all ages across Rotherhithe share common goals for a friendlier and cleaner community.</p> <p>T&T will continue our intergenerational work in 2024, forging new connections between our summer Holiday Hunger Club (ages 6-11), Ruby Tuesdays Dementia Group and VIP (Visually Impaired Persons) group. Alongside intergenerational experts, we have used exercise, visual arts and cycling through Southwark Park to build community across ages. We will now connect participants through music, in 4 group sessions across a two-week period.</p> <p>While other music programmes in the area are age-group-specific, this new and lively project will benefit multiple generations. Led by a community music specialist, we will engage local children and older people in musical creativity, culminating with a recorded audio keepsake to share with families. Children will create their own musical instruments with recycled materials, which they will then use in a music-making and recording session with the older people.</p> <p>Music has a transformative effect on T&T's older adults, especially those with low mood or a dementia diagnosis. Reminiscence through music gives participants an accessible way to bond and have fun together. Music also provides children with adverse childhood experiences (ACEs) with a positive and accessible way to express themselves; many of the children in our Holiday Hunger Club experience ACEs.</p> <p>Many older people at T&T have family living out of the area, with grandchildren they may not see often. This intergenerational programme will build older people's confidence and connect them with younger generations outside of their usual day-to-day experiences.</p>	£2,437.00
------	------------------------------	---------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3445	Tideway Sailability	Tideway Sailability Volunteer Expenses	<p>Currently, Tideway does not cover volunteer expenses. New funding for some volunteer expenses would motivate/encourage volunteers to attend activity sessions earlier.</p> <p>Project Officers noted a problem whereby some volunteers are arriving later than the scheduled time for setting up and preparing our activities because volunteers say they cannot afford to pay the peak fare times on London Transport. Volunteers say they pay more if traveling before 9.00 on tubes/rail and buses if using Freedom/Oyster 60+ passes. This is not an ideal way of working because it is challenging for the few volunteers who arrive via own transport to set up the sessions before participants arrive. Such issues have created a barrier to volunteering at Tideway Sailability.</p> <p>Tideway is the only project in the London Borough of Southwark offering local, accessible sailing activities: Volunteers gain experience in sailing, training, RYA (Royal Yachting Association) qualifications and experience in boat maintenance.</p> <ul style="list-style-type: none"> - Activities rely on the commitment of volunteers who are interested in sailing, to take part in the programme of sailing activities alongside the participating sailors who are members of the public. - Inclusivity: the fact Tideway is run entirely by volunteers; and the outdoor physical activity of sailing, is unique within this ward. - Milestones: By the end of the sailing, training and sessions from May to October, Wednesday, 26 weeks, Sundays 52 weeks there is increased commitment of volunteers to stay with the project in the longer term. - Targets: Increase and sustain the number of volunteers from 10 to 15 arriving by 9.30 on a Wednesday, thus helping to: <ul style="list-style-type: none"> - Maintain links with local learning disability groups, individuals and families from the borough and beyond, attending from 10.00am. - Increase volunteering participation as soon as funding is in place from April 2024. 	£1,001.00
------	---------------------	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3460	Rotherhithe festival	Rotherhithe festival	The Rotherhithe festival is a free community festival and as been running for 18 years it bring the tenants and residents out for a free day of music free children's rides and helps build a better community you can meet your ward councillors and make Rotherhithe a stronger community	£6,816.00
3481	Canada Water FC	Canada Water FC	It will see Canada Water FC provide affordable and competitive football for young people and support families on low income also help the young people and there families make new friends. it will help the wider community as it will help the young people within it stay fit and healthy through activity and sports also it will support keeping the young people out of trouble and away from a crime and anti-social behaviour, it will also see them provided with opportunities to support the in there football pathway and to help develop there abilities and skills whilst also helping to support them with there life skills so that they can become respectable young people providing them with a chance to be successful later on l life . It will also see young people from divers and multicultural backgrounds come together.	£5,764.00
3487	Canada, Estate, Tenants and Residents Association	Coach trip - Brighton	Every year we tried to take people away from the estate. It helps to build the community helps people to get out of the estate. To have a good day out at the seaside? A lot of people can't afford to go away so it's good to get them off the estate for a day out	£1,400.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3508	Ignite Hubs	Canada Water Coding & STEM Club	<p>We teach coding and STEM skills to children and young people aged 7 to 18 years old. We are an established education charity founded by Lin Vong in January 2019, a local resident of over 35 years and winner of 'Volunteer of the Year' in the UK at the Third Sector Awards in 2021. Ignite Hubs was highly commended as 'Community Champion of the Year' at the Third Sector Awards in 2022, shortlisted for 'Education & Training Initiative of the Year' at the 2021 Women in IT Award and nominated for the King's Award for voluntary service in 2023.</p> <p>Our mission is to provide accessible education and skill-building opportunities. We do this through weekly after-school coding and STEM classes, taught by experienced IT professionals. Our classes cover a range of valuable skills, including front-end web technologies like HTML/CSS, the general programming language Python, and Scratch, a user-friendly graphical programming language. We also teach hardware such as Arduino, Micro: bits and robotics. These skills are highly sought after by prominent tech companies like YouTube and Google.</p> <p>We are an Approved Activity Provider for the Duke of Edinburgh's Award, covering the Skills, Volunteer and Physical sections and part of the Jack Petchey Achievement Award Scheme, recognising outstanding young individuals.</p> <p>The funding will be used to employ STEM Instructors and a Youth Community Manager to deliver the classes and engage with the youth. The classes will be supported by volunteers, many of whom live or work locally.</p> <p>From our research, youth unemployment in Southwark is above the national average. By equipping young people with in-demand coding and STEM skills, we aim to empower them with the skills to access employment opportunities and higher-paying roles in the future, enabling those from disadvantaged backgrounds the chance to improve their circumstances and contribute positively to the community.</p>	£5,000.00
------	-------------	---------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3511	Southwark Park Association 1869	Community Activities Programme 2024	<p>A programme of 9 free events for the community to run from May-September 2023:</p> <ul style="list-style-type: none"> May - Guided Tree Walk for adults June - Bandstand concert July - Come and Try Bowls for adults August - Storytelling for children x 4 sessions September - Guided Bat Walk for adults December - Carol Singing at the Lake Gallery <p>Many residents within the wards are economically disadvantaged, often living in flats and reliant upon the park as a place for their healthy recreation. The provision of this free programme of events will help families during the cost of living crisis in the peak summer period when events are at a premium.</p>	£1,850.00
------	---------------------------------	-------------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3524	Musical Mayhem London	Musical Mayhem Bursary Fund	<p>We are making Musical Mayhem (MM) classes affordable for everyone in Southwark, by offering up to 75% discount allowing families to participate in performing arts at a time when it may not otherwise represent a financial priority.</p> <p>MM have been running for 10 years in Southwark, with 20+ weekly classes, teaching singing, dance and drama, with regular performances, community events and free school enrichment classes. Teaching over 200 students attending on a regular basis, our classes are a huge success. Our miniature classes for under 5's, nurture development in children whilst supporting parents during their journey into parenthood. Our Ofsted registered Theatre academy classes, teach musical theatre to school aged children. In our inclusive weekly fitness classes, adults learn dances from musicals, keep fit and have fun. The focus of MM is using performing arts as a vehicle to build confidence in people and harness their potential for creativity in a safe, inclusive and supportive environment. Attending MM improves confidence and self-esteem, mental and physical well-being, reducing social isolation and creating a sense of community.</p> <p>Students are carefully nurtured to overcome their fears, whether it be separation anxiety in little ones, performance anxiety for our theatre academy students, or feeling embarrassed to dance in front of others, attending MM has proven to reduce these. We have had students who are too scared to put their hands up in class to answer questions in school, and parents have expressed how this has drastically improved as a result of attending our classes. As part of the term, the theatre academy students will be given the opportunity to perform at Bermondsey Street festival, Canada Water tube station, and Greenwich Theatre for proud parents, families and friends. Singing and regular exercise is proven to improve mental wellbeing in people of all ages.</p>	£7,500.00
------	-----------------------	-----------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3529	Nigeria National Community (NNC)	Intergenerational Community Project	We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youth and elders in the community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.	£5,050.00
------	----------------------------------	-------------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3539	South Dock Marina Berthholders Association CIC	South Dock Marina Tours: Boats, Yard & Makers Day	<p>Our outreach events will provide valuable insights into past and present docklands community life, marine skills and industries. Our activities offer participants valuable opportunities to get unique insight into this world, meet people who live and work in the marina and get hands on creative making experience.</p> <p>Local residents are often curious to find out more about boat life including what happens in the boatyard, how the lock gates and crane work and how this connects with wider Thames activities and infrastructure.</p> <p>Local children, families and adult residents will see what life on the water is like for the birds in the dock and people living in two boat homes.</p> <p>Expert guided tours will introduce highlights from the rich history of the docks, its unique natural habitats, the skills and trades which keep the boats afloat - and the different communities who have shaped the Surrey Docks & Rotherhithe area.</p> <p>Guided by the experienced community making team at The Rotherhithe Shed, our activities will be tailored to inspire local primary school children (Redriff) and local families and adult groups in hands on making and crafting with wood, cardboard and canvas.</p> <p>Inspired by what they've seen on the tour, participants will learn how to use a range of upcycled materials to create small boats, cranes, trees, window box planters, bat & bird boxes to take home with them.</p> <p>Redriff school's curriculum already celebrates dockland history. This project enables them to significantly deepen and extend their knowledge and learning about working docks and community life connected to the Thames.</p> <p>We will:</p> <ul style="list-style-type: none"> Welcome targeted local groups into the marina & boatyard Provide an accessible, social context for making together Provide new learning opportunities for all Forge strong new partnerships Raise visibility of the marina community across the ward 	£4,928.00
------	--	---	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3577	n/a - applying as an individual with a group sponser	Bermondsey Boulders Founder & Participation Fund	<p>The Bermondsey Boulderers Community Support initiative, encompassing aims to address the financial challenges that threaten the sustainability and inclusivity of my climbing community.</p> <p>The Founder Fund component seeks to alleviate the financial burden associated with hosting climbing sessions. Your support for the Founder Fund will contribute to the smooth facilitation of climbing activities, ensuring that there's no undue financial strain on the organiser.</p> <p>Simultaneously, the Participation Fund addresses the financial barriers that hinder accessibility to climbing. Bouldering is not a cheap activity, and the reduced fees for participants are designed to make it affordable for residents, particularly in the wards of Bermondsey, Rotherhithe, and Surrey Quays (where the majority of my members live). This initiative recognises the economic diversity of our community and aims to create an inclusive space for climbers regardless of their financial capacity.</p> <p>The majority of our members reside in the specified wards, emphasising my commitment to benefiting local residents. Many members, who were unknowingly neighbours and local residents in the communities of Rotherhithe and Bermondsey, have formed lifelong friendships. I want to continue fostering these connections. By supporting both funds, we ensure the long-term viability of Bermondsey Boulders while fostering an environment where climbing is accessible and affordable, aligning with my mission to build a strong and diverse climbing community in Bermondsey, Rotherhithe, and Surrey Quays that will continue to meet the physical, social, and mental needs of my community in this post-COVID world. In conclusion, this fund will support the current members and future members of our community, enabling participation in an activity without financial hindrance, which will benefit them greatly and support me, the founder, to continue facilitating these activities.</p>	£5,000.00
------	--	--	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3584	n/a - applying as an individual with a group sponsor	Mental Health Awareness Week Webinars	<p>The "Community Mental Health Wellness " addresses the significant mental health needs in Southwark, where almost one in five adults, approximately 47,000 individuals, are currently experiencing common mental disorders. Severe mental illness affects 1.4% of the population, disproportionately impacting male, older, and black ethnic population groups.</p> <p>This project will strategically aligns with the UK Mental Health Awareness Week and Children's Mental Health Awareness Week, providing a vital opportunity to support the residents of our community. Leveraging these awareness weeks, the project aims to bring valuable online mental health presentations featuring renowned academics in the field.</p> <p>Southwark's mental health statistics underscore the necessity for comprehensive interventions. The "Mental Health Webinars" seeks to reduce stigma and increase awareness, offering tailored support to address the unique mental health needs of our diverse community. Utilising online platforms will overcome barriers to access, providing residents with valuable insights and strategies for long-term well-being.</p> <p>The benefits for the north-east ward residents are diverse. Residents will receive tailored support from experts in the field, fostering a community-wide understanding of mental health challenges. The webinars will contribute to destigmatizing mental health, encouraging open conversations, and providing residents with practical tools for managing their mental well-being.</p> <p>Cultural sensitivity is integral, ensuring that mental health discussions and resources are inclusive and respectful of the diverse backgrounds within the north-east ward. The project not only addresses immediate mental health needs but also equips residents with practical, sustainable strategies for long-term well-being.</p> <p>In summary, the "Community Mental health Webinar Series" is a targeted response to Southwark's heightened mental health challenges. By leveraging Mental Health Awareness Weeks, the project seeks to provide vital support to residents through online presentations, addressing the unique needs of our community and promoting overall mental well-being.</p>	£180.00
------	--	---------------------------------------	--	---------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3606	Living Bankside	LB Academy Rotherhithe	Living Bankside Academy Report	£31,000.00
3629	The Dockland Settlements	The Dockland Settlements	<p>The "Inclusive Dance Workshop" is designed to cater to neurodivergent children and those with mild disabilities, aged 10-14, who often face barriers accessing mainstream dance classes due to their fast-paced nature. This project aims to provide an inclusive and nurturing environment for these children, helping them discover the joys of dance while addressing their unique needs.</p> <p>Many neurodivergent children and those with mild disabilities struggle to find appropriate and accessible dance classes, leaving them excluded from the benefits of dance education. Our workshop addresses this need by offering a safe space for self-expression, movement exploration, and skill development. It is conducted at a slower pace, ensuring participants have ample time to process instructions and understand movement mechanics. Through tailored instruction and individualized support, we enhance their coordination, spatial awareness, and comprehension of the mechanics of a moving body. The class is based on contemporary dance movement but introduces participants to various dance styles and music genres, enriching their dance vocabulary and fostering a deeper connection to music. The program also emphasizes the importance of teamwork and collaboration, building a supportive community where participants understand and uplift one another.</p> <p>In summary, the "Inclusive Dance Workshop" provides a unique opportunity for neurodivergent children and those with mild disabilities to engage in dance, fostering confidence, social skills, and a love for the art of dance. By addressing the unmet needs of these residents, we aim to contribute to their overall well-being and quality of life.</p>	£2,700.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3634	PTA	Albion Primary School	<p>The "Local School Fair" is a community-focused initiative aimed at fostering engagement among parents, children, entrepreneurs, and promoting social cohesion within the chosen ward. This project is designed to address several critical objectives.</p> <p>Firstly, it seeks to bridge the gap between parents and their children's educational experiences. Oftentimes, parents are unaware of the curriculum, extracurricular activities, and educational progress of their children. The fair will provide a platform for parents to interact with teachers, understand the school's teaching methodologies, and actively engage in their children's learning journeys. This involvement is essential for the holistic development of children.</p> <p>Secondly, the fair serves as a marketplace for local entrepreneurs and small businesses. It creates an opportunity for these individuals to showcase their products and services to the community. This not only supports local businesses but also exposes residents to a diverse range of offerings, boosting the local economy.</p> <p>Additionally, the fair is a means of fostering social cohesion within the ward. By bringing together residents from diverse backgrounds, it promotes a sense of unity, shared identity, and a strong community spirit. It's an occasion for people to interact, share experiences, and build relationships, ultimately strengthening the social fabric of the neighbourhood.</p> <p>Overall, the "Local School Fair" is needed to strengthen the community's bonds and promote active parental involvement in education. It benefits residents by enhancing the educational experience of their children, supporting local businesses, and building a more connected and harmonious community.</p>	£2,500.00
------	-----	-----------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3240	Phoenix Players	Phoenix Players theatre hire 2024-25	<p>Phoenix Players shows bring members and audiences together from across Southwark to help them find community, learn new skills and have fun.</p> <p>Our audiences, made up primarily of local residents, get to experience everything from new works of art written locally to former West End shows at community-friendly prices. They explore themes our community cares about - like love, neighbourliness, trauma and anxiety, workers' rights, austerity.</p> <p>Phoenix is different because we are not non-exclusionary - all local residents can join, no matter their talent, experience or background (most groups require a successful audition). We meet weekly and prioritise creating a safe space for self-expression and growth. A recent member survey showed the most common word members associate with Phoenix is "inclusive".</p> <p>We are a Dulwich Wood group - it's where we rehearse most frequently, meet for socials that support local businesses, hire local artists to support us, and put on many of our shows - although we use other venues across Southwark based on cost and availability.</p> <p>With 40 years of experience, we know how to set up and deliver a show and what milestones to hit. However, recently all our outgoings have increased with inflation - particularly venue hire. Research of nearly 40 nearby venues saw average prices up 500% in 2023 compared to 2020. We cannot meet this cost ourselves without becoming unaffordable to local residents.</p> <p>Your help with venue hire costs for our next season would allow us to deliver another year of amazing shows in Southwark, and to focus on art and community over further fundraising. We believe we epitomise your aims as a local community led project that enhances inclusion, improves the neighbourhood and develops stronger communities - encouraging people from different backgrounds to work together and running projects that promote respect and consideration.</p>	£5,000.00
------	-----------------	--------------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

Ward: Surrey Docks

App ID	Organisation	Project Title	Project Description	Amount Requested
2024	Global Generation - Paper Garden	Paper Garden	<p>In 2022, we set up community growing beds which developed a cohort of caring and invested people growing skills and love of the garden, "Having no garden in the inner city is no joke. Post-pandemic, I was wary about community groups but, because this is outside, I felt safer. With so much regeneration happening locally, it's brilliant to be part of this community space. Long may it be here." - Amanda, Community Grower 2022.</p> <p>The success has been the cohesion of community members. For example, during the harsh Summer months, growers communally watering each other's beds.</p> <p>The cost of living crisis squeezing on households means growers are taking on extra work, this and family care reduces the time available for tending to plots. Some growers shared that this can lead to stress and feelings of guilt. Governmental policy should not restrict access when we all need it the most. However, the plots must be tended to. The allocated beds were then reabsorbed into the regular running of the Paper Garden meaning produce and maintenance duties are shared between the community growers and other programmes.</p> <p>The project we wish to expand is our community grower programme into 12x free horticultural sessions exploring plant identification, harvesting, and monthly gardening tasks. Increasing horticultural training and 12x Saturday cooking classes, access to these sessions means community growers can come in and help out in the garden during the week as well as integrate into cooking workshops with families attending on Saturdays. We have seen a huge gap in the knowledge around fresh food we delivered to the pantries in 2020-2022. The cooking workshops will provide local families space to learn about food origins, nutrition, share stories whilst eating healthy organic meals and taking what they have learned back home and into the community.</p>	£5,000.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3002	Canada Water FC	Canada Water FC	<p>It will see Canada Water FC provide affordable and competitive football for young people and support families on low income also help the young people and there families make new friends. it will help the wider community as it will help the young people within it stay fit and healthy through activity and sports also it will support keeping the young people out of trouble and away from a crime and anti-social behaviour, it will also see them provided with opportunities to support the in there football pathway and to help develop there abilities and skills whilst also helping to support them with there life skills so that they can become respectable young people providing them with a chance to be successful later on l life . It will also see young people from divers and multicultural backgrounds come together.</p>	£25,875.00
------	-----------------	-----------------	--	------------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3090	Ballers Academy CIC	Walking Sports & Mobility	<p>Ballers Academy is committed to expanding its positive impact of providing free weekly walking sports and mobility activities tailored to older individuals at The Dockland Settlements, a programme currently receiving crucial funding from Southwark Council. This initiative consistently draws a devoted group of 13 participants, all aged 70 or older, who eagerly gather every Friday morning for an invigorating 1.5-hour session. Beyond the physical activity, these weekly sessions serve as a catalyst for unity among older people from diverse backgrounds. Importantly, they provide invaluable support to those facing additional challenges, such as limited mobility, mental health concerns, or dementia.</p> <p>This noble endeavour aims to combat stress, alleviate isolation, and mitigate the loneliness experienced by many seniors. Through these engaging activities, older individuals are offered the vital opportunity to cultivate new social connections. Moreover, the programme extends a supportive hand to those dealing with two or three persistent long-term health conditions, including dementia, mental health issues, limited mobility, and individuals leading predominantly sedentary lives, thus contributing significantly to their overall well-being.</p> <p>The programme is not just about exercise; they are about fun, cognitive engagement, and the development of balance and hand-eye coordination. This all-encompassing approach presents a lifeline for individuals who might otherwise remain inactive, feeling disengaged from their local community.</p> <p>The array of activities includes bowls, cricket, bowling, basketball, and other enjoyable games incorporating throwing, catching, and striking the ball techniques. Importantly, these weekly sessions offer a crucial respite, particularly for those caring for loved ones with dementia, providing a well-needed break during their otherwise demanding week.</p> <p>These sessions are open to all and can be accessed both independently and through referrals, ensuring that they remain an inclusive and accessible resource for all who can benefit.</p>	£4,560.00
------	------------------------	------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3107	The Proper Blokes Club	Walk and talks	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into seven other London boroughs Sutton, Greenwich, Barnet, Havering, Hillingdon, Lambeth and Merton we have also started our first walk in Hertfordshire We have over 300 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject. This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 2 and 4 miles. We have also started a new drop in centre this is another way we are trying to reach more men in need.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups. This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique.</p>	£6,500.00
3117	Friends of Lavender Pond	Family/childrens activities	Running a series of free to attend events throughout the year, between weekends and school holidays. These events will be aimed at engaging families and children with nature	£1,500.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3119	Restorative Justice for All International Institute (RJ4All)	The RJ4All	<p>Following consultations with residents in the SE16 area as well as discussions with the Councillors (e.g. Nick Johnson) of the selected Wards, we have identified a pressing need for a community-led space that fosters connections, offers wellbeing support, and empowers local volunteering. The demand arises primarily from the profound effects of COVID-19, including heightened isolation, increased loneliness, financial strain, and a growing rate of unemployment.</p> <p>Over 12 months, RJWHub will provide:</p> <p>(a) Weekly wellbeing circle Cafe - A restorative space where community members can connect, prioritise their mental wellbeing, and engage in meaningful conversations. These circles, rooted in the principles of restorative justice, encompass various weekly discussion themes, creating a space for dialogue and the sharing of refreshments. Our circles are not just gatherings; they are facilitated by a collaborative team of RJ practitioners, trainees, but also users upskilled to community volunteers driving capacity-building.</p> <p>(b) 1-1 wellbeing support at our centre to local residents self-referring. Beyond emotional assistance, we guide individuals in navigating available local services, ensuring they receive the comprehensive support they require.</p> <p>(c) bi-monthly fitness group classes at the centre and online especially activities that tend to lift spirits and target our priority groups including indoor cycling, Zumba, salsa and yoga. RJWHub is a multi-ward project focusing on the entire SE16 postcode. It aligns with our long-term vision of establishing the first restorative justice postcode in the world. This aim to set up holistic local services that address poverty and encourage community and social cohesion. We are a Southwark-born community organisation, with demand for this project spanning across all the selected wards. The need is anticipated to increase as the gap between disadvantaged and affluent local families continues to grow. The surrounding estates, home to over 600 families, are facing challenges such as substance misuse, homelessness, and unemployment.</p>	£5,000.00
------	--	------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3217	The Bermondsey Artists' Group managing Southwark Park Galleries	Pre-school Allotment Club for Low-Income Families	<p>A programme of free weekly drop-in gardening sessions for pre-school children from low-income families from the local estates surrounding Southwark Park in our Community Allotment at Lake Gallery, Southwark Park. Over the past 12 years we have engaged over 4,531 residents. We request joint funding from the wards that we directly serve: North Bermondsey, Rotherhithe and Surrey Docks.</p> <p>Parents, grandparents and carers come with their pre-school children to acquire new gardening and craft skills. Working and learning together helps build the cohesiveness of their local community. They grow, harvest and eat fresh food learning hands-on about healthy eating and the environment. They gain the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Our Allotment Club also provides a valuable social space for many parents and carers who experience substantial isolation. These sessions directly tackle obesity where 30% of local 10-11 year-olds are diagnosed as obese. Food education in Early Years is proven to shift attitudes towards eating healthily and instil good food habits in children.</p> <p>The Allotment Club will deliver 20 free sessions for local families on Fridays between 10-12am from May-October 2023. The families will work with a community gardener and Workshop Leader who have considerable experience in facilitating fun hands-on gardening.</p> <p>To provide an even more welcoming environment, where parents can experience and learn the healthy benefits of plants, in 2023 we provided drinks using the herbs available in our allotment. This significantly raised awareness around natural remedies and herbs' health benefits.</p>	£6,150.00
------	---	---	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3329	Bermondsey Community Kitchen Inc London Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>This program provides free healthy nutritional homemade meals across the whole of Southwark. The continuing cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat there homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	£4,500.00
3353	OurRotherhithe	Grand Surrey Canal	<p>Much of the canal remains but largely hidden and forgotten but gives its name to Surrey Quays. The leaflet would describe its complex history from 1807 to 1970 (it never actually reached Surrey !) and provide another walk to explore in the area. We would like to link with community groups in Peckham, Camberwell and Deptford to share the idea, gather information and share and promote the leaflet.</p>	£2,500.00

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3362	Millwall Community Trust	Kicks Project Delivery	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in Peckham.</p> <p>Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young boys from the ages of 12 to 18 can take part in free weekly sessions at St Pauls Sports ground and gain coaching and volunteering experience. More structured volunteering opportunities will be made available to young adults from the ages of 19 to 25. Using the reach and appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of surrey docks and help inspire young people away from those who may find themselves caught up in gang and criminal related activities.</p> <p>The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 20-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments.</p> <p>There has been a rise in ASB in surrey docks and after attending some ward meetings led by Cllr Nick Johnson we feel this project will provide boys involved in ASB positive local activities to take part in.</p>	£5,000.00
------	--------------------------	------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3379	Big Local Works	Healthy cooking, Healthy life skills workshops	<p>With the cost of living still sky high, the cost of a weekly food shop has soared and those already struggling, are being pushed further into financial hardship, and poverty. Additionally, a recent study by UCL also shows young adults aged 18 to 24 are at the highest risk of becoming overweight or developing obesity in the next decade due to poor diet and lack of exercise. We know our community is facing challenging financial and emotional times. Having the life skills to maintain a healthy lifestyle and make positive choices is essential to thrive on the road ahead!</p> <p>This project is a 12-week program, teaching participants essential life skills such as healthy cooking, menu planning, budgeting, self-confidence and resilience. Our aim is to promote healthy life choices, instil a positive mind-set and equip individuals with the skills for personal and professional development. We aim to teach the advantages of healthy eating for your body and mind - but also your weekly budget. Having a balanced diet, full of sustainable and healthy ingredients, is possible on a low budget if you know how to cook and where to shop! Led by Jahson Peat, the owner of Zionly Manna Restaurant in Bermondsey we will mentor participants interested in:</p> <ul style="list-style-type: none"> -Gaining experience in healthy cooking and nutrition - Making healthy choices - Menu planning -Cooking on a budget - Using the least possible energy to save money -Vegan cooking for babies - Confidence and resilience -Key Employability and Enterprise skills <p>Building on our existing economic support in the community this project provides a more holistic, person-centred approach to our training and will enable participants to approach life choices in the most positive and sustainable way.</p>	£5,000.00
------	-----------------	--	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3392	Surrey Docks Farm	Youth Programme Resources	<p>We're applying for funding to enable us to offer a free weekly Youth Programme where 75 local young people (aged 8-18) take part in: food growing, animal care, healthy cooking, rural crafts, environmental and social action projects.</p> <p>We want to ensure all young people have the opportunity to become active members of society, live healthy lives, prepare for their futures and fulfil their potential.</p> <p>We're the only city farm in the borough and are only too aware of the lack of youth provision in our area, particularly on weekends. We're concerned by the high local rate of childhood obesity concentrated in the north and central wards of the borough, with 42% of Year 6 children in Southwark being either overweight or obese. We feel we're well placed to actively address this issue, as our Youth Programme enables all young people to grow their own food, then cook and eat their produce. By engaging young people in food growing and cooking we will enable young people to get active outdoors and make cooking healthy foods a fun and social skill to learn with their peers.</p> <p>Young people regularly give feedback to ensure we're meeting their needs. Our annual Youth Consultation demonstrated that the young people benefit from improved social skills, physical and mental wellbeing, plus increased confidence.</p> <p>Our young people are supported to engage with their community and care for spaces beyond the Farm. They're all really keen to do this and pass success includes growing plants to donate to community spaces, regularly litter picking the foreshore and delivering several social action projects to welcome more people to the Farm, further details here:</p> <p>www.surreydocksfarm.org.uk/youth-led-social-action/ We're requesting funding to give these young people the freedom to choose their own project to work on together to benefit their community.</p>	£4,900.00
------	-------------------	---------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3417	City Hope Youth, Bermondsey	City Hope Church Bermondsey	<p>This project would achieve bringing members of the community together, creating a welcoming environment which celebrates diversity and inclusivity.</p> <p>After covid members of the community became isolated, so through this project we are able to bring the community together and restore community relationships between families and individuals.</p> <p>The project would include activities such as; Sports activities, Family team games, Aerobics, Talks/Workshop Sessions, Storytelling sessions as well. as other. activities.</p>	£5,300.00
------	--------------------------------	--------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3435	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Hub	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	£5,200.00
------	--	---------------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3444	Time and Talents Association	Let's Band Together	<p>Rotherhithe faces many barriers to intergenerational harmony. Time & Talents breaks down pre-conceived prejudices, building stronger communities through intergenerational activities. Children benefit from the wisdom and experiences of the older generation, while older people are invigorated with youthful energy and feelings of connection. Feedback from previous activities demonstrates that all ages across Rotherhithe share common goals for a friendlier and cleaner community.</p> <p>T&T will continue our intergenerational work in 2024, forging new connections between our summer Holiday Hunger Club (ages 6-11), Ruby Tuesdays Dementia Group and VIP (Visually Impaired Persons) group. Alongside intergenerational experts, we have used exercise, visual arts and cycling through Southwark Park to build community across ages. We will now connect participants through music, in 4 group sessions across a two-week period.</p> <p>While other music programmes in the area are age-group-specific, this new and lively project will benefit multiple generations. Led by a community music specialist, we will engage local children and older people in musical creativity, culminating with a recorded audio keepsake to share with families. Children will create their own musical instruments with recycled materials, which they will then use in a music-making and recording session with the older people.</p> <p>Music has a transformative effect on T&T's older adults, especially those with low mood or a dementia diagnosis. Reminiscence through music gives participants an accessible way to bond and have fun together. Music also provides children with adverse childhood experiences (ACEs) with a positive and accessible way to express themselves; many of the children in our Holiday Hunger Club experience ACEs.</p> <p>Many older people at T&T have family living out of the area, with grandchildren they may not see often. This intergenerational programme will build older people's confidence and connect them with younger generations outside of their usual day-to-day experiences.</p>	£2,437.00
------	------------------------------	---------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3445	Tideway Sailability	Tideway Sailability Volunteer Expenses	<p>Currently, Tideway does not cover volunteer expenses. New funding for some volunteer expenses would motivate/encourage volunteers to attend activity sessions earlier.</p> <p>Project Officers noted a problem whereby some volunteers are arriving later than the scheduled time for setting up and preparing our activities because volunteers say they cannot afford to pay the peak fare times on London Transport. Volunteers say they pay more if traveling before 9.00 on tubes/rail and buses if using Freedom/Oyster 60+ passes. This is not an ideal way of working because it is challenging for the few volunteers who arrive via own transport to set up the sessions before participants arrive. Such issues have created a barrier to volunteering at Tideway Sailability.</p> <p>Tideway is the only project in the London Borough of Southwark offering local, accessible sailing activities: Volunteers gain experience in sailing, training, RYA (Royal Yachting Association) qualifications and experience in boat maintenance.</p> <ul style="list-style-type: none"> - Activities rely on the commitment of volunteers who are interested in sailing, to take part in the programme of sailing activities alongside the participating sailors who are members of the public. - Inclusivity: the fact Tideway is run entirely by volunteers; and the outdoor physical activity of sailing, is unique within this ward. - Milestones: By the end of the sailing, training and sessions from May to October, Wednesday, 26 weeks, Sundays 52 weeks there is increased commitment of volunteers to stay with the project in the longer term. - Targets: Increase and sustain the number of volunteers from 10 to 15 arriving by 9.30 on a Wednesday, thus helping to: <ul style="list-style-type: none"> - Maintain links with local learning disability groups, individuals and families from the borough and beyond, attending from 10.00am. - Increase volunteering participation as soon as funding is in place from April 2024. 	£1,001.00
------	---------------------	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3471	Ballers Academy CIC	Inclusive SEND Sports	<p>The Disability Project initiated by Ballers Academy aims to fill a crucial gap in our community, addressing the underserved needs of individuals with Special Educational Needs and Disabilities (SEND). The necessity for such a programme arises from the limited opportunities and support available for this diverse group within the Surrey Docks Ward.</p> <p>The Disability Project is needed to provide a platform for inclusivity and diversity. It serves as a beacon of unity, welcoming participants regardless of age, gender, or ethnic background, thereby breaking down social barriers that often segregate people. This initiative promotes social cohesion, bridging gaps among individuals from various cultural and ethnic backgrounds.</p> <p>Furthermore, the project is essential in offering much-needed support to those facing unique challenges due to disabilities. It recognises that people with SEND often require specialised attention and activities tailored to their specific needs. By doing so, it not only enhances their physical and mental well-being but also boosts their self-esteem, making them feel valued and included.</p> <p>The heart of this initiative lies in the three weekly SEND sports activities provided by Ballers Academy. These activities are open to participants of all ages within the SEND category. One of the sessions is dedicated to youth, fostering their development through multi-sport activities. Additionally, there are multi-sport sessions for adults, providing opportunities for recreation, fitness, and skill development.</p> <p>The Disability Project's goal is to engage 30 participants across these two weekly sessions. This objective arises from the pressing need to combat decreased activity levels among individuals with SEND, promoting a healthier and more active lifestyle. By providing a safe and inclusive environment for all, the project aims to benefit residents of Surrey Docks Ward by creating a stronger, more connected, and healthier community, where everyone has the chance to thrive and develop their full potential.</p>	£7,200.00
------	------------------------	--------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3515	SoundCamp	SOUNDCAMP 2024	<p>Since May 2014 we have been running a free annual micro festival at Stave Hill Ecological Park. The event takes place each year on Dawn Chorus Day at the beginning of May.</p> <p>Soundcamp celebrates the history of Stave Hill, the direct successor to the UK's first urban ecology park, which over more than 30 years has transformed the local soundworld, creating a hotspot of biodiversity in the heart of the Rotherhithe peninsula.</p> <p>Soundcamp attracts a varied audience of local residents and others from further afield. As in past years, we are asking for support to run a series of workshops with people who might not otherwise find and engage with our work, or who face particular barriers to accessing it.</p> <p>This year we are focusing on maintaining and renewing long-term relationships with local organisations: children at Bizzie Bodies Arts Club; young people at Surrey Docks Farm's Greenage group; and older people with visual impairment: the VI group at Time and Talents.</p> <p>Support through the Neighbourhoods fund would cover 6 half day workshops. This will help us secure match funding from Arts Council England. It will create paid and voluntary opportunities for Southwark residents, and allow the festival to remain free.</p> <p>Workshops will involve listening to birds and bats, building DIY audio equipment, and making radio, tailored to each group. They will be hosted at Stave Hill Ecological Park and / or at each group's base. 20 participants from each group will be able to work closely with visiting artists and naturalists to explore and learn about the sounds of Stave Hill and the local area.</p>	£2,460.00
------	-----------	----------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3524	Musical Mayhem London	Musical Mayhem Bursary Fund	<p>We are making Musical Mayhem (MM) classes affordable for everyone in Southwark, by offering up to 75% discount allowing families to participate in performing arts at a time when it may not otherwise represent a financial priority.</p> <p>MM have been running for 10 years in Southwark, with 20+ weekly classes, teaching singing, dance and drama, with regular performances, community events and free school enrichment classes. Teaching over 200 students attending on a regular basis, our classes are a huge success. Our miniature classes for under 5's, nurture development in children whilst supporting parents during their journey into parenthood. Our Ofsted registered Theatre academy classes, teach musical theatre to school aged children. In our inclusive weekly fitness classes, adults learn dances from musicals, keep fit and have fun. The focus of MM is using performing arts as a vehicle to build confidence in people and harness their potential for creativity in a safe, inclusive and supportive environment. Attending MM improves confidence and self-esteem, mental and physical well-being, reducing social isolation and creating a sense of community.</p> <p>Students are carefully nurtured to overcome their fears, whether it be separation anxiety in little ones, performance anxiety for our theatre academy students, or feeling embarrassed to dance in front of others, attending MM has proven to reduce these. We have had students who are too scared to put their hands up in class to answer questions in school, and parents have expressed how this has drastically improved as a result of attending our classes. As part of the term, the theatre academy students will be given the opportunity to perform at Bermondsey Street festival, Canada Water tube station, and Greenwich Theatre for proud parents, families and friends. Singing and regular exercise is proven to improve mental wellbeing in people of all ages.</p>	£7,500.00
------	-----------------------	-----------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3531	Greenland Dock Festival	Reflections of our community	<p>Creation and installation of an interactive sensory mirrored cube artistic installation as part of our Greenland Dock Festival (Theme: Reflections).</p> <p>This installation will be a unique and engaging work of art that will reflect the diversity and vibrancy of our community and will be built by members of the community from different backgrounds and ages, with the supervision of the designers and makers from the Festival.</p> <p>The sensory mirrored cube installation will be a 2mts tall cube made of (acrylic) mirrors. Inside the cube will be a series of LED lights that will create a kaleidoscope of colours and patterns. The mirrors will reflect the lights and create an illusion of depth and shapes.</p> <p>The installation will be located in Greenland Dock near the bridge. This will allow everyone to have the opportunity to experience it and to be inspired by its beauty.</p> <p>The mirrored cube effect itself can be used to create a sense of unity and community. When people look into the mirrors, they will see their own reflection multiplied many times, which can create a feeling of being connected to others.</p> <p>It will Inspire people to be creative and to think about the world in new ways.</p> <p>As part of the interaction between neighbours and the art installation, people will be encouraged to write down a thought that could improve our neighbourhood in the near future, and post it inside the cube.</p> <p>The sensory mirrored cube will reflect in many different ways, not only the people interacting with it but the tidal water and festive lights, making a perfect communion between water and land.</p> <p>It will be a colourful beacon that will light up the dark winter times that will contribute to the wellbeing of our community, when we all tend to stay indoors.</p> <p>More Info: GreenlandDockFestival.co.uk</p>	£5,000.00
------	-------------------------	------------------------------	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3539	South Dock Marina Berthholders Association CIC	South Dock Marina Tours: Boats, Yard & Makers Day	<p>Our outreach events will provide valuable insights into past and present docklands community life, marine skills and industries. Our activities offer participants valuable opportunities to get unique insight into this world, meet people who live and work in the marina and get hands on creative making experience.</p> <p>Local residents are often curious to find out more about boat life including what happens in the boatyard, how the lock gates and crane work and how this connects with wider Thames activities and infrastructure.</p> <p>Local children, families and adult residents will see what life on the water is like for the birds in the dock and people living in two boat homes.</p> <p>Expert guided tours will introduce highlights from the rich history of the docks, its unique natural habitats, the skills and trades which keep the boats afloat - and the different communities who have shaped the Surrey Docks & Rotherhithe area.</p> <p>Guided by the experienced community making team at The Rotherhithe Shed, our activities will be tailored to inspire local primary school children (Redriff) and local families and adult groups in hands on making and crafting with wood, cardboard and canvas.</p> <p>Inspired by what they've seen on the tour, participants will learn how to use a range of upcycled materials to create small boats, cranes, trees, window box planters, bat & bird boxes to take home with them.</p> <p>Redriff school's curriculum already celebrates dockland history. This project enables them to significantly deepen and extend their knowledge and learning about working docks and community life connected to the Thames.</p> <p>We will:</p> <ul style="list-style-type: none"> Welcome targeted local groups into the marina & boatyard Provide an accessible, social context for making together Provide new learning opportunities for all Forge strong new partnerships Raise visibility of the marina community across the ward 	£4,928.00
------	--	---	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3551	Bizzie bodies CIC	The dockland settlements	<p>The project aims to provide children aged 7 to 11 in our selected ward with consistent and accessible weekly STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities throughout their holiday breaks, totalling 20 weeks. These activities will take place at the local Tech Hub, which also serves as a digital inclusion hub for Southwark.</p> <p>This initiative is essential for several reasons. Firstly, it addresses the critical need for continuous STEAM education, which equips young minds with problem-solving skills, critical thinking, and creativity, essential in today's rapidly evolving world.</p> <p>Secondly, the project acknowledges the economic diversity within the ward. By offering subsidized and free participation options based on family situations, it ensures that all children can benefit from the program, reducing disparities and promoting equal access to educational opportunities.</p> <p>The chosen age group of 7 to 11 is ideal for fostering early interest in STEAM subjects, setting a strong foundation for their future academic and career pursuits.</p> <p>By offering 20 weeks of weekly activities at the Tech Hub, this project creates a consistent and engaging learning environment, where participants receive ongoing support to explore and experiment. Subsidized rates for those who need it, and making the program free for families in challenging financial situations, ensures that no child is left behind in their quest for STEAM knowledge.</p> <p>Ultimately, this initiative benefits the residents of our selected ward by enhancing educational opportunities, addressing financial inequalities, and nurturing the intellectual growth and future prospects of young children. It embodies the values of accessibility and inclusivity while contributing to the overall well-being of the community and the digital inclusion goals of Southwark.</p>	£5,000.00
------	-------------------	--------------------------	--	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3577	n/a - applying as an individual with a group sponsor	Bermondsey Boulders Founder & Participation Fund	<p>The Bermondsey Boulderers Community Support initiative, encompassing aims to address the financial challenges that threaten the sustainability and inclusivity of my climbing community. The Founder Fund component seeks to alleviate the financial burden associated with hosting climbing sessions. Your support for the Founder Fund will contribute to the smooth facilitation of climbing activities, ensuring that there's no undue financial strain on the organiser.</p> <p>Simultaneously, the Participation Fund addresses the financial barriers that hinder accessibility to climbing. Bouldering is not a cheap activity, and the reduced fees for participants are designed to make it affordable for residents, particularly in the wards of Bermondsey, Rotherhithe, and Surrey Quays (where the majority of my members live). This initiative recognises the economic diversity of our community and aims to create an inclusive space for climbers regardless of their financial capacity.</p> <p>The majority of our members reside in the specified wards, emphasising my commitment to benefiting local residents. Many members, who were unknowingly neighbours and local residents in the communities of Rotherhithe and Bermondsey, have formed lifelong friendships. I want to continue fostering these connections. By supporting both funds, we ensure the long-term viability of Bermondsey Boulders while fostering an environment where climbing is accessible and affordable, aligning with my mission to build a strong and diverse climbing community in Bermondsey, Rotherhithe, and Surrey Quays that will continue to meet the physical, social, and mental needs of my community in this post-COVID world. In conclusion, this fund will support the current members and future members of our community, enabling participation in an activity without financial hindrance, which will benefit them greatly and support me, the founder, to continue facilitating these activities.</p>	£5,000.00
------	--	--	---	-----------

2024/25 Neighbourhoods Fund Ward Application Summary Tables

3584	n/a - applying as an individual with a group sponser	Mental Health Awareness Week Webinars	<p>The "Community Mental Health Wellness " addresses the significant mental health needs in Southwark, where almost one in five adults, approximately 47,000 individuals, are currently experiencing common mental disorders. Severe mental illness affects 1.4% of the population, disproportionately impacting male, older, and black ethnic population groups.</p> <p>This project will strategically aligns with the UK Mental Health Awareness Week and Children's Mental Health Awareness Week, providing a vital opportunity to support the residents of our community. Leveraging these awareness weeks, the project aims to bring valuable online mental health presentations featuring renowned academics in the field.</p> <p>Southwark's mental health statistics underscore the necessity for comprehensive interventions. The "Mental Health Webinars" seeks to reduce stigma and increase awareness, offering tailored support to address the unique mental health needs of our diverse community. Utilising online platforms will overcome barriers to access, providing residents with valuable insights and strategies for long-term well-being.</p> <p>The benefits for the north-east ward residents are diverse. Residents will receive tailored support from experts in the field, fostering a community-wide understanding of mental health challenges. The webinars will contribute to destigmatizing mental health, encouraging open conversations, and providing residents with practical tools for managing their mental well-being.</p> <p>Cultural sensitivity is integral, ensuring that mental health discussions and resources are inclusive and respectful of the diverse backgrounds within the north-east ward. The project not only addresses immediate mental health needs but also equips residents with practical, sustainable strategies for long-term well-being.</p> <p>In summary, the "Community Mental health Webinar Series" is a targeted response to Southwark's heightened mental health challenges. By leveraging Mental Health Awareness Weeks, the project seeks to provide vital support to residents through online presentations, addressing the unique needs of our community and promoting overall mental well-being.</p>	£180.00
------	--	---------------------------------------	--	---------